

The power of friendship

The “Panty Pack” model

by Trish Hewat

Friends. What would we do without them. We laugh with them. We cry with them. They boost our spirits on those bad days when nothing seems to go right. We can tell them our deepest, darkest thoughts and fears and know they will offer us understanding. They encourage us to go for those goals that seem out of reach and celebrate with us when we achieve them. They are our support system when life falls apart and our cheering section when everything goes right.

And friends come in all shapes and sizes. **Ashley Logan** would know. She’s written about them in her book *Invisible Threads*, a light and quirky book that celebrates the supportive power of female friendships. We meet over coffee. She introduces herself.

Ashley is a Senior Director in Global Talent Development at *Nuvei*, a financial services company headquartered in Montreal that connects businesses to their customers in over 200 countries. Her job in this company that boasts 25,000+ employees is to create leadership programs for the team leaders and their members. As we talk, I see a self-possessed, self-assured woman with a smile that draws you in.

“Our teams focus on forming friendships. That is the invisible thread that connects people and enables them to lead productive working groups,” Ashley says.

She learned, at a young age, the importance of team play. Ashley played AA hockey in her hometown of Toronto as a kid. “Hockey wasn’t just about the sport. It was about camaraderie. We learned how to rely on one another, communicate under pressure



Ashley Logan, author of “Invisible Threads”

and celebrate each other’s strengths. Those lessons became the backbone of how I approach friendships to this day.”

“There were girls on the team who owned it out there,” Ashley explains. “They were the ones who led pre-game prep talks, took penalty shots fearlessly. Instead of being intimidated, I learned motivation

Continued on page 4

Avis de travaux

Work notice

Page 2

Your right to vote

As many of you are aware, the Quebec provincial election will take place on October 5. For the first time, *Élections Québec* mailed out voter information documents in French only to comply with the French Language Charter, also known as Bill 96. The law makes French the sole language of communication for public institutions.

In a court decision on September 16, *Élections Québec* was ordered to prepare voter reminder cards in both English and French. Although the ballot will remain bilingual, previously mailed information is not.

If you do not receive your new card in English before October 5, you will need to scan a QR code included with the French documents with a smart device or visit the *Élections Québec* website (electionsquebec.qc.ca/en). If you are unable to understand French and do not have access to a smart device or computer, please reach out to a relative, friend or neighbour who can assist you.

As Councillor responsible for the Town’s bilingual status, this is a fundamental democratic right to make an informed decision and to exercise your Canadian civil liberties.

from Lauren Small-Pennefather



Election Day!

Monday, October 5

Watch for your voting reminder card in the mail to find out where to vote.

INDEX

Centre sportif/récréatif	18
Council meeting	17
CRA.....	8
Environnement	15
Guides.	7

Horticultural Society	3
IODE	12
Kosher corner	4
Libraries	12, 13
News from the pews	11
Réunion du Conseil	16

Rotary	3
Schools	5,6
Scouts	6
Sports/recreation centre	19
Tennis club	7
West End Quilters	3

Avis de travaux Work notice Westminster entre between Avon and Milton

Consultez le feuillet inclus dans ce numéro ou balayez le code QR pour tous les détails.

Read the flyer included in this issue or scan the QR code for full details.



Congratulations!

Islay Marie Castellarin

August 26, 2026, 7 lbs 12 oz

Parents: John Castellarin and Aylish Hunter; grandparents: Glenn and Patricia Castellarin, Mike and Sue Hunter and brothers: Charles and James Castellarin.



Dr. Jane Lee retires



Photo: Julian Hung

Dr. Jane Lee with patient Claire Hung

Dentist Dr. Jane Lee celebrated her upcoming retirement in style on September 1 with a Pickrell's Ice Cream truck parked in the laneway beside her and Dr. Diana Heckler's dental office (Avenue Dentaire), offering free ice cream to clients who came to say farewell. Dr. Lee has been practising in our Town for 43 years.

Dr. Lee said, "As I reflect on a career that spans over four decades of dentistry on Westminster Ave., I feel a profound sense of fulfillment. I loved meeting all my patients and was privileged to have the opportunity to care for three and four generations of families. I shared stories with the same patients for over 40 years during checkups, cleanings and fillings! I looked forward to each working day when recognizing names of patients scheduled. I will be taking away so many great memories.

"I look forward to the next chapter of my journey as adventures and new experiences unfold allowing for new memories."

GRACIE BARRA

UNE ÉCOLE FAMILIALE
ET COMMUNAUTAIRE

GAGNEZ EN CONFIANCE
GRÂCE AU JIU-JITSU

Gracie Barra Montréal-Ouest
offre des cours de jiu-jitsu
brésilien pour enfants,
adolescents et familles



SCANNEZ

POUR EN SAVOIR PLUS
SUR NOS PROGRAMMES
POUR ENFANTS
ET ADULTES

(263) 880-9677 | info@gbmontrealouest.ca | 14C Westminster N

THE INFORMER

10 Westminster North / Nord
Montreal West, Quebec
Montréal-Ouest, Québec
H4X 1Y9

The Informer's role is to provide MoWest-ers with information about their Town and its citizens in order to foster the small-town, close-knit atmosphere that makes Montreal West a special place to live.

Le rôle de l'Informer est de fournir aux gens de Montréal-Ouest de l'information sur leur ville et ses citoyens afin de favoriser l'atmosphère de petite ville et de proximité qui fait de Montréal-Ouest un endroit spécial où vivre.

ISSN: 084741X

NEXT ISSUE DEADLINE /
DATE LIMITE DU PROCHAIN NUMÉRO

October 14 octobre

EDITOR-IN-CHIEF /
ÉDITRICE EN CHEF
Heather Baylis, 489-7022

ISSUE EDITOR /
ÉDITRICE DU NUMÉRO
Joanna Duy

EXECUTIVE BOARD /
CONSEIL D'ADMINISTRATION
Trish Hewat - Chair / Présidente
Jeanne Ragbir - Secretary / Secrétaire
Robert King - Treasurer / Trésorier
Heather Baylis, René Boucher, René Brummer, Véronique Belzil-Boucher, Joanna Duy, Carol Foster, Maurice Krystal, Mia Massicotte, Julia Ross, Rhonda Schwartz

LAYOUT DESIGNER / MISE EN PAGE
Julia Ross, julia@ross.ca

PUBLICITY / PUBLICITÉ
Heather Baylis, 489-7022
montrealwestinformer@gmail.com

DISTRIBUTION
Rhonda Schwartz, 482-0227

RATES / TAUX

1/6 page: \$50. Billed annually or semi-annually. / facturation annuelle ou semestrielle

Monthly billing / Facturation mensuelle : \$60 per/par insertion

1/12 page: \$30. Billed annually / facturation annuelle

Monthly billing / Facturation mensuelle : \$35 per/par insertion

Flyer / Dépliant : \$50 (non-profit / non lucratif), \$85 (commercial)

Professional card / Carte professionnelle : \$135 per year / par an

Subscription / Abonnement : \$25

Classifieds / Petites annonces:
26-50 words / mots - \$10,
25 words or fewer / mots ou moins - \$6

PROOFREADERS / LECTEURS D'ÉPREUVE

René Boucher, Trish Hewat, Mia Massicotte, Jeanne Ragbir, Harold Simpkins, Marcel Thomas, Olivia Wien.

The Informer is published nine times a year (usually on the second or third week-end of the month) except January, July and August. Typesetting by Informer staff, printing by Les Publicités A. Campeau Ltée. Extra copies available at Town Hall and both libraries. Funded, in part, by the Town of Montreal West. Articles are printed in French or English, as submitted.

L'Informer est publié neuf fois l'an (habituellement le deuxième ou troisième week-end du mois) sauf en janvier, juillet et août. Composition par le personnel de l'Informer, impression par Les Publicités A. Campeau Ltée. Des exemplaires supplémentaires sont disponibles à l'hôtel de ville et dans les deux bibliothèques. Financé, en partie, par la Ville de Montréal-Ouest. Les articles sont imprimés en français ou en anglais, tel que soumis.

The Council Communiqué insert is published with The Informer, but constitutes a separate entity. Its content is supplied by members of the Town Council.

Le Communiqué du Conseil est publié avec l'Informer, mais constitue une entité distincte. Son contenu est fourni par les membres du conseil municipal.



Leave those leaves alone! Letting nature do its work

Every autumn, many of us follow the same familiar routine: rake the leaves, cut back the plants, clear the garden beds and get everything looking tidy for winter.

But what if some of the things we have been taught to consider “messy” are actually doing important work?

The *Montreal West Horticultural Society* invites you to join horticulturist, teacher and speaker **Julie Boudreau**, blogger for *Le Jardinier paresseux*, for a fascinating look at the principles behind a truly sustainable garden.

Julie will invite us to reconsider some of the gardening habits we follow simply because that is the way things have always been done.

Fallen leaves are a perfect example. They are much more than garden waste. What actually happens as they decompose? What role does microbial activity in the soil play? Why can leaving some organic material in our gardens be beneficial rather than something we automatically need to clean away? And there is more happening beneath those leaves than we may realize. Which insects, eggs and other tiny creatures may spend the winter beneath fallen leaves or inside hollow plant stems? How does this hidden life connect to the birds and other wildlife we hope to see in our neighbourhoods?

Can small changes in the way we maintain our gardens create healthier soil, sup-

port biodiversity and perhaps even save us time, effort and money? And, perhaps, can we make ecological gardening the new cool thing in town?

The goal is not to stop caring for our gardens or to let everything run completely wild. It is about learning to garden a little more with nature and discovering that a healthier, more sustainable garden does not necessarily require more work.

Sometimes, doing a little less can allow a garden to do much more.

Whether you are an experienced gardener, a beginner, or simply curious about how your own yard can become a little more sustainable, we hope you will join us.

And there is one more reason to come: you may even go home with a young chestnut tree! A limited number of chestnut tree seedlings will be available to win through a raffle – perfect to plant at home or at the cottage.

Saturday, October 24, 10 am
1-hour presentation, followed by Q&A
Music Room, Town Hall
Horticultural Society members: FREE
Non-members: only \$5!

Blooming bump outs!

Members of the Society planted pollinator-friendly and native plant species in two bump outs at Sherbrooke and Brock. Special thanks to resident **Anita Conidaris** for her incredible work and plant donations, and **Anne Williams** for allowing us to divide perennials from the St. Philip's pollinator bed!

from Tagrid Akl
for the Montreal West Horticultural Society

Rotary

Mark your calendar! Caribbean Night

October 3, 6:30 pm, Town Hall

Join us for a lively evening featuring five rums from different Caribbean islands paired with five bouchées. Professional instructors will be on hand to lead dances. Presented by the *Rotary Club of East Montreal* in collaboration with the *Rotary Club of Montreal West & NDG*, in support of vulnerable Montreal youth, giving them the opportunity to graduate, grow and build a brighter future.

Tickets

\$100/person, table of 10 for \$900
Sponsorship opportunities

- Tier 1: Lead Sponsor \$1500
- Tier 2: Committed Partner \$750
- Tier 3: Supporting Partner \$375
- Tier 4: Advertiser \$200

For more information or tickets contact:
mowest.ndg.rotary@gmail.com or secretary@rceastofmontreal.ca

from Doreen Solin



West End Quilters

The *West End Quilters* are back meeting at the United church. We had a good turnout for our first meeting of the new season. There is always a lot of chatting and catching up. We have many different activities planned for the coming year:

crocheting, needlepoint, barn quilt painting and even everything glue. Some people hadn't been in their sewing room all summer, while others brought some quilts to show.

Jean finally finished her Jellyroll Race quilt, which she

started on a Zoom meeting during Covid. It is called a Jellyroll because it is made with long 2.5" strips, the width of the fabric. You can purchase a whole line of fabric with all the strips cut and rolled.

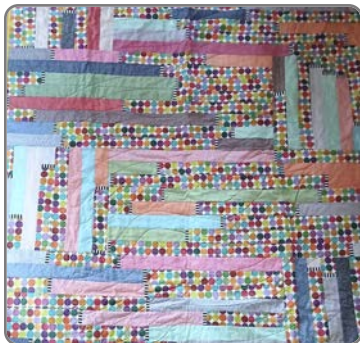
Moishe was very busy with

his embroidery machine and finished the beautiful flower quilt pictured below.

Barbara H. used flowered fabrics to make the bright, happy quilt with black accents.

from Mary Sutherland

L to R: "Jellyroll Race" quilt by Jean; Moishe's flower quilt using embroidery machine; Barbara H's flower fabric quilt



The power of friendship

continued from page 1

from them. These friendships showed me that celebrating another woman's strengths doesn't diminish my own. It amplifies it."

"Was that your motivation for writing a book about friendships? Those childhood lessons?" I ask.

"Actually, writing the book came about as a family challenge," Ashley admits. "We, my husband **Patrick** and my children **Abby** (14), **Georgia** (12) and **CJ** (10), each had to choose a creative project to get us off screen time. Mine was the book on friendship. And yes, it did evolve out of my experiences both as a young person and as an adult. You meet different kinds of people in life you connect with. And those different people provide us with the different kinds of support we need.

Confident, daring, sassy

"There are those people like the girls I met in hockey that challenge you and get you to move beyond your comfort zone. They are confident, daring and yes, sassy. And they are also fun people to be with.

"I have a group of women friends that got to know each other when our kids were in elementary school. Developing our group started slowly, but soon we were getting together for the occasional brunch or a girls' night out. Then we decided it was time to have a weekend away. Just us. No kids. No husbands. And that's when things really took off. In a world that feels more divided than ever, we had formed a bond. And over a few glasses of wine and a lot of belly laughs, we coined a name for our group. We called ourselves The Panties.

"An unusual name for a group of friends I know," Ashley smiles. "Even my mother looked at me with raised eyebrows when I told her about our name. But really, it's a metaphor that's meant to be both funny and

beautiful at the same time. After all friendships and panties both serve as essential support systems in our lives.

We need different types!

"So I wrote this book outlining the different types of friends we have, who we need, in our lives. We need friends who support us, who show up when things in life get messy and help us hold it together. I call those friends the Supportive Briefs. But we also need people who challenge us like the Sassy Thong girls I got to know in hockey. And we need friends, like the Romantic Silk, who make us feel understood, who comfort us and remind us it's okay to be vulnerable, to show our scars and not be afraid to let people in. There are more types of friends, but that's a sample of what's in the Panty Pack. We live in a time where we spend more time alone than ever before. Remote working came out of the pandemic and stuck. It means acknowledging that loneliness is real and there is no shame in craving connection.

Making our world better

"In my job I've come to see myself as a connector, someone who bridges the gap, brings people together and creates spaces where individuals feel seen and valued. And the power of friendship lies in its ability to make us feel seen, heard and loved. One of the greatest joys in life is finding friends who fit us just right. They listen to us, understand us, commiserate with us in our failures and praise our successes. And in the process, they make our world a better place just because they are there in our lives. It's not about being perfect or having it all figured out. It's about showing up. Every day, for each other."

Kosher corner



Celebrating Sukkot and Simchat Torah

As the High Holiday season comes to a close, the holiday season reaches its joyful climax with Sukkot and, especially, the incredible celebration of Simchat Torah!

Sukkot is a wonderful time to step outside, enjoy the beautiful fall weather and celebrate as a community. If you need a Lulav and Etrog for Sukkot, please reach out – we would be happy to arrange one for you.

We also have some exciting opportunities to celebrate together.

Soup in the Sukkah

Friday, September 25, 7-8 pm, join us for a warm and cozy Shabbat evening in the Sukkah, with delicious matzo ball soup, l'chaims, good company and plenty of Jewish spirit.

Sukkot BBQ

The annual community Sukkot BBQ (Tuesday, September 29. 4:30-6:30 pm). Fun for all ages. Bring the family and celebrate the holiday together!

Simchat Torah celebration

Simchat Torah is one of the most joyous nights of the Jewish year - Join us for dancing, singing, and celebrating the completion and beginning of the Torah. Saturday, October 3, 7 pm.

Simchat Torah dancing

The celebrations continue with Simchat Torah, on Sunday, October 4, dancing bringing the holiday joy to *Chateau B'nai Brith* and *B'nai Brith House*.

Our First Friday Shabbat has been postponed to Friday, October 9 at 6:30 pm. We look forward to welcoming everyone for another wonderful evening together.

And finally, if you have been thinking about joining Hebrew School, it's not too late! We would love to welcome new students and families. Please reach out for more information.

Wishing everyone a Chag Sameach and a wonderful, joyful Sukkot season!

from Rabbi Mendy Marlow
rabbi@chabadwestminster.com



Une peau
lisse, en toute
simplicité

Smooth skin
without the
hassle

Prenez rendez-vous
pour votre consultation
gratuite :

Book your free laser hair
removal consultation:



esthetiqueluvo.com
info@esthetiqueluvo.com
514.465.1230

Royal West Academy

Growing a community / Communauté en essor

Plants reaching for the sun, wooden garden boxes, shady trees, the colourful explosion of flowers. This is the Park n' Lot Garden you see today at Royal West Academy. A simple idea in the fall of 2011 to transform a parking lot was realized in 2014 after a \$15,000 grant from the English Montreal School Board.

I am a proud member of the Park n' Lot Garden club, which is one of the extracurricular activities (ECAs) at Royal West. The club, which manages and cares for the garden, is currently led by our wonderful teachers **Mme Bourdeau** and **Mme Dupaul** and RWA parent **Joanna Duy**.

Each meet-up begins with us gathering near the picnic tables for instructions. We then divide up to plant or pick vegetables (depending on the season), pull weeds, water and do other small jobs around the garden. If we are lucky, we might even see the resident groundhog – who makes up for eating things with cuteness!

We send most of our haul off to the *Green Bean Café* (another ECA at the school), and the rest gets sent home with the club members. Yum!

Après deux années dans le jardin, j'ai découvert qu'il fournit plusieurs choses à moi et à l'école. J'étais toujours intéressée par les plantes et la nature, alors le jardin m'a offert un endroit pour m'amuser et relaxer après une longue journée à l'école. Même si vous n'êtes pas dans le club, le jardin est ouvert au dîner et après l'école pour que vous puissiez être dans la nature. Ce milieu vert est une place de rassemblement pour manger avec ses amis, faire du travail d'école ou lire un livre. Les espaces verts dans un milieu urbain sont tellement importants. Être dans la nature est bon pour la santé psychologique et même si vous ne le réalisez pas, le jardin est en train de vous calmer. Cet espace est aussi bon pour les oiseaux, les lièvres, les abeilles, les renards et oui, même cette marmotte, qui peuvent tous trouver refuge dans notre jardin.

Alors, la prochaine fois que vous marcherez sur la rue Ainslie, regardez vers le petit oasis qu'est le jardin Park n' Lot... peut être que vous verrez la marmotte!

de Aoife Follet

*Èlève de Royal West Academy
3^e secondaire*



There was a bumper crop of carrots, with each of the 12 garden club members taking home a bag



Students harvest potatoes, garlic and Montreal melons

Edinburgh

Edinburgh welcomes new families over breakfast



Edinburgh Home and School volunteers Gabriella Garzitto, Corinna Groenendaal, Alexandra Kelebay and Anne Hughes

New families joining Edinburgh Elementary School received a warm Montreal West welcome recently at a breakfast hosted by the school's *Home and School Association*.

The event brought together parents new to the school with families who were in their shoes just a year earlier, creating an opportunity to share experiences, ask questions and begin building connections within the

Edinburgh community.

Adding a personal touch to the gathering, the breakfast buffet was prepared and served by current parents, many of whom were eager to help incoming families navigate the transition into a new school community. Over coffee, pastries, fruit and conversation, parents exchanged tips about school events, volunteer opportunities and life at Edinburgh.

The morning marked an important first step in helping new families feel at home and encouraging them to become involved in school life from the outset. Representatives from the *Home and School Association* were on hand to introduce parents to the organization's work and outline the many ways families can support student activities and community initiatives throughout the year.

Fostering connections

The event reflects Edinburgh's longstanding commitment to fostering strong connections between families, staff and students. By creating opportunities for parents to meet early in the school year, the school and its parent volunteers hope to build a sense of belonging that extends well beyond the classroom.

"One of the things that makes Edinburgh special is the

strong sense of community among our families," said Home and School Co-President **Alexandra Kelebay**. "Welcoming new parents in a relaxed setting and connecting them with families who have recently shared the same experience helps create friendships, builds confidence and encourages involvement from the very beginning."

Judging by the lively conversations and new connections made throughout the morning, the breakfast was a resounding success. For many parents, it was their first opportunity to meet fellow Edinburgh families. For the Home and School Association, it was the beginning of what they hope will be a year of active participation, collaboration and community spirit.

*from Edinburgh's
Home & School Association*

Montreal West Scouts



The beginning of the school year is always a very busy time. Our leadership teams have planned their programs until the end of 2026 with many exciting activities, including fall camp for the older sections.

Our regular meetings at Edinburgh School have all resumed:

- Scouts: grades 6/7/8/9, Tuesday evenings, 6:30-8 pm
- Cubs: grades 3/4/5, Wednesday evenings, 6:30-8 pm
- Beavers: Kdgn, grades 1/2, Thursday evenings, 6-7:15 pm

Our two older sections, Venturers and Rovers, usually meet bimonthly at the same time as the Scouts.

If your child is interested in visiting one of our sections, please email **Karen Johnstone** at karenmansfieldjohnstone@gmail.com for information.

Each October, it is customary for the Montreal West Scout Group to do two activities that benefit the community and thus fulfill our promise to help others. We thank you in advance for supporting these events.

Food drive

On the evenings of October 20, 21 and 22, our youth members will be going door-to-door to collect non-perishable food for *Head and Hands*, which is an organization in NDG that

strives to promote the physical and mental well-being of youth aged 12 to 25 by providing medical, legal and counselling services and a young parents' program. They also operate an emergency food pantry, and our collection will help them fill their shelves.

When your doorbell rings one of those evenings and you are greeted by a child or teenager in a Scout uniform, we hope that you will be generous. It is unlikely that every house in the Town will be visited during the time allotted. If you are not visited and you have food to give, please call **Bob King** at 481-6523 and we will arrange a pick-up.

Blood donor clinic

On Monday, October 26, we will be assisting *Héma-Québec* at their blood donor clinic, to be held from 1:30 to 7 pm in the hall of St. Philip's Church. Regulations do not permit our youth members to assist, but Scouters, parents and other volunteers will assist the medical staff of *Héma-Québec* by helping the donors to feel comfortable and otherwise assisting in the running of the clinic.

Our health system requires a large number of blood products that can be obtained only by donations from humans, so we hope that many MoWesters (and others) will spare an hour or so



Scouts having dinner at Lake Lovering summer camp

to come to the clinic and donate.

It is advisable to make an appointment in advance at hema-quebec.qc.ca or 1-800-343-7264, but we hope to be able to welcome all visitors.

from Hawkeye (Bob King)

Fundraising

Our big Garden Supply Fundraiser is in the spring, but

we thought that we might try selling garden waste bags this fall. If you are interested in purchasing bags from the Scout Group, please contact **Tom Johnstone** at thomasdavidjohnstone@gmail.com. Thank you for your support. These funds will go toward special events like summer camps and jamborees.

from Karen Johnstone



FIERS DE SERVIR
MONTREAL-OUEST
PROUDLY SERVING
MONTREAL-WEST
LOCAL • FIABLE
LOCAL • RELIABLE

PROFESSIONNEL
TOUTE LA SAISON
DEPENDABLE
ALL SEASON LONG
FIABLE
PROFESSIONNEL

UNE ENTREPRISE
LOCALE ET FAMILIALE
DEPUIS 2009
LOCAL & FAMILY
OPERATED
SINCE 2009

MOW WEST
LANDSCAPING

NETTOYAGES D'AUTOMNE & DÉNEIGEMENT
FALL CLEANUPS & SNOW REMOVAL

RÉSERVEZ VOTRE SERVICE SAISONNIER MAINTENANT!
BOOK YOUR SEASONAL SERVICE NOW!

Ramassage de feuilles
Leaf Cleanup
Dernière coupe de pelouse
Final Lawn Cut
Nettoyage des plates-bandes
Garden Bed Cleanup

Déneigement
Snow Removal
Déblaiement des entrées
et trottoirs
Walkway Clearing

514-290-6387
APPELEZ DÈS AUJOURD'HUI!
CALL TODAY!

MONTREAL-OUEST • NDG • CÔTE SAINT-LUC

TRAVAIL DE QUALITÉ
QUALITY WORK

SERVICE AMICAL
FRIENDLY SERVICE

VOTRE PROPRIÉTÉ, NOTRE PRIORITÉ
YOUR PROPERTY, OUR PRIORITY

Montreal West Guiding



The 2026-2027 Guiding year is off to a great start! We are excited to welcome quite a few new youth members to Guiding. The Sparks, Embers and Guides are all busy getting to know one another.

With a provincial election in early October, the units have been discussing the voting process. They have all been given the chance to cast their votes at the ballot box! The youth members, through a democratic process, have had a hand in shaping their future meetings. The Sparks and Embers have even designed their own scrapbook cover for the year to come. It involved deciding on the main image and how they wanted the wording laid out on the page.

The provincial camp, located near Morin Heights celebrated its 100th birthday on July 9. Most of the Sparks and Embers are new to the organization and have not had a chance to attend the camp. In preparation of the centennial weekend in early October, the Guiders have been sharing what camp life was like over the last century.

Centennial Challenge

Remember the Centennial Challenge? The Guides successfully completed singing over 100 different campfire songs by the end of the last Guiding year. The Sparks and Embers will have completed the challenge by the time this publication has made it to you. More details about the Centennial weekend will be shared in the next issue of *The Informer*.

Cookies

Montreal West is a community that generously supports the fundraising efforts of the Girl Guides. The Girl Guide cookies are our only official fundraisers.

When you buy a box of Girl Guide cookies you are helping the young women of our community reach their goals and are supporting Guiding at the local, national and international levels. You are also supporting Camp Peaceful Waters. It's not just a box of cookies, it is so much more... support for the women of tomorrow!

The Montreal West Public Library has graciously agreed to let the Guides host a cookie selling event outside the library Saturday, October 17 from 10 am-2 pm. If you do not have a chance to pick up a box before then, we hope to see you there!

from the Montreal West Guiding team

An Ember casts a vote



MW Tennis Club

Big win for tennis club's Junior U18 Team

The Tennis Club is celebrating a milestone achievement after the Town's Junior U18 Interclub tennis team captured an impressive championship title.

The victory marks a proud moment for the club, its players, coaches and families and highlights the strength of youth tennis in the community. Competing against teams from across the region, the MoWest squad demonstrated skill, determination and team-

work throughout the season to earn a place in club history.

Among the standout performances was that of MoWester **Michael Marilley**, who contributed significantly to the championship effort by winning both his finals singles and doubles matches. His success reflected the hard work and commitment shown by all members of the team throughout the season.

"We played hard, stayed competitive and never got down on each other," notes Michael, a resident and Secondary 5 student at Loyola High School. "Each player contributed to

every win and left it all out on the court."

The victory is especially meaningful as it represents the first Junior U18 Interclub championship won by the Montreal West Tennis Club since the reestablishment of the team nearly a decade ago. For a community known for its strong volunteer spirit and commitment to youth sports, the accomplishment is a testament to what can be achieved through perseverance, sportsmanship, and teamwork.

Amazing achievement

"This championship is an amazing achievement for our team and a proud moment for the entire Montreal West tennis community," said Junior Team Captain **Alex Bhanji**.

"The players work hard all season, and their success reflects the dedication of everyone involved. **Carlos Alcaez**, you better watch out!" says **Lucas Bhanji**, a 15-year-old, who has already been on the team for 8 years.

In an inspiring example of dedication to the team, **Santiago Pena** made it back from hospital in Columbia earlier in the week, even driving overnight with his family from Baltimore to make it the finals, winning both of his critical matches.

Congratulations to the entire team on a well-deserved victory. Montreal West is proud of you. Go Team!

from Kate Shingler

L to R: Alex Bhanji, Santiago Pena, Gael Gabay, Eva Larose, Michael Marilley, Lucas Bhanji





MWH M9 players hit the ice for their first session of the 2026-2027 season with Coach Eric Rayment

CRA fall programs are back in action!

The 2026-2027 season is officially underway at the *Civic Recreation Association (CRA)*, and our arenas, gyms and fields are once again filling up with young athletes, coaches, families and plenty of energy.

On September 12, our youngest *Montreal West Hockey (MWH)* players hit the ice for the start of the new season. Our M7 and M9 players are now on the ice twice a week, working on their skating, stickhandling and hockey fundamentals while getting to know their coaches and making new friends.

For our older hockey players, the season is already well in progress behind the scenes. M11 through M19 players have been busy participating in evaluations as teams are formed for the regular season beginning October 17. Everyone is looking forward to getting back to league play.

And there is even more hockey excitement to come! Keep an eye out for information about our *MWH* home opener. It will be a great opportunity for our community to come together and celebrate the start of another season of *MWH Knights* hockey.

New skaters take first steps on the ice

Hockey players aren't the only ones back on the ice. Our *MWCRA* Learn to skate program has also begun, welcoming skaters from ages 3 to 18 on Sundays and Wednesdays.

For some participants, it is their very first time stepping onto the ice. Our instructors start with the fundamentals, learning how to stand safely, stomp, push and eventually glide across the ice. As their confidence grows, so do their skills.

The figure skating program begins the season by developing skaters' balance, edges and fundamental skating technique, building the foundation they will need as they progress toward more advanced skills and movements. There are a few spots left.

Indoor sports starting soon

As our ice programs get started, *MWCRA*'s indoor programming is also about to begin, with something available for almost every age group.

One of our newest offerings is Sport Explorers, led by **Coach Trinity** on Tuesdays. Designed for children ages 3 to 8, this fun and active introductory program gives children the opportunity to discover different sports and develop their fundamental movement skills. Rather than focusing on just one activity, participants will be introduced to a variety of sports throughout the program – perfect for young children who are ready to move, play and discover what they enjoy.

Mini soccer is a popular program and also begins at the end of September. Coach Trinity and **Coach Autumn** will welcome children ages 2½-6 for an introduction to soccer through age-appropriate activities, ball skills and fun games.

Indoor soccer program is available for boys and girls ages 7 and up. Practices are at RWA school during the week.

Basketball for ages 7+ starts at the end of September and is filling up fast! **Coach David Stienner** is back for another fun-filled season teaching footwork, shooting techniques and refereeing fun scrimmages.

Gymnastics for ages 3½-12 is on Thursdays at EBS and is one of our most popular programs. Learn your gym stop, how to do a somersault and bounce on a trampoline.

Programs not just for the little ones!

- Youth basketball, ages 15-20 is on Fridays at 6:30 pm at RWA.

This program provides older youth with an opportunity to get on the court and play in a fun recreational environment. Coached by David Steiner, this is always a fun scrimmage.

- 21+ basketball is on Thursdays, 8:30 pm at RWA.
- Women's indoor soccer is on Mondays at 7:30 pm at RWA.

Whether it is a child's first time standing on skates, kicking a soccer ball, trying a new sport or returning for another hockey season, our goal at *MWCRA* is to provide opportunities for members of our community to get active, learn new skills, build confidence, make friends and, most importantly, have fun.

For information about *MWCRA* programs and registration, visit mwcrasports.ca.

ReFitMTL

Reconnu à Montréal-Ouest depuis 2019
Trusted by Montreal West since

La Thérapie du Sport Athletic Therapy



(514)261-0911
141A Westminster N.
info@refitmtl.ca
www.refitmtl.ca

Les Spécialistes en:

- La Force pour vieillir en bonne santé
- La Force pour une vie active
- Exercices pour la densité osseuse
- Équilibre et prévention des chutes
- Prévention des blessures
- Réadaptation après un cancer

The Specialists in:

- Strength for Healthy Aging
- Strength for Active Living
- Exercise for Bone Density
- Balance & Fall Prevention
- Injury Prevention
- Cancer Rehabilitation



studio
Pilates

mindbody
studio-pilates.ca

51 Westminster
514-369-4578

DRE BEVERLY LAI
Dentiste Dentist

73 WESTMINSTER N.
MONTREAL-OUEST
H4X 1Y8

514-486-4411

Nettoyeurs • Cleaners Tél: (514) 488-6220
WESTMINSTER
94 Westminister N., Mtl West H4X 1Z2

En exclusivité à l'aide écologique Solvon K4
• Biodégradable • Dermatologiquement sûr • Non-toxique
• Inodore • Biologique • **100% VERT**

Exclusively using eco-friendly solvon K4
• Biodegradable • Dermatologically safe • Non-toxic
• Odorless • Organic • **100% GREEN**

Nettoyage de chemise sur place / Launder shirts done on premises



Bijouterie

XO

Jewelry



Travaux sur mesure - Nettoyage et polissage de bijoux - Mise à taille de bagues - Remplacement des griffes de bijoux - Réparation de montres et remplacement de piles - Réenfilage de perles et de pierres - Achat d'or



Custom work - Jewelry cleaning and polishing
Ring sizing - Jewelry prong replacement -
Watch repair and batteries
Pearl and bead restringing - We buy gold
51 D Westminister N.
514-419-6787

Bijoutier de troisième génération - Service et réparation sur place
3rd generation jeweler - Jewelry service and repair on premises

Prestige GENERATRICES

GENERAC
POWER PRO
ELITE

HOME - COTTAGE - COMMERCIAL
INSTALLATION - MAINTENANCE



**Let's Talk
Generators.**

TRISTAN MACKENZIE
GENERAL MANAGER

514 466 6840 RBQ: 5874-0754-01
www.prestigegeneratrices.ca



Andrew Blundell

Courtier immobilier résidentiel
Residential real estate broker

514.772.0008

ablundell@profusion.global



132 Strathearn N | Montréal-Ouest



149 Radcliffe | Montréal-Ouest



258 Pr. Sheraton | Montréal-Ouest



63 Ainslie | Montréal-Ouest

PROFUSION
IMMOBILIER

Forbes
GLOBAL PROPERTIES

AGENCE IMMOBILIÈRE - REAL ESTATE AGENCY

Annette Wolfstein-Joseph

CANADIAN
PRINTMAKERCANADIENNE
GRAVEUSE

www.annette-etchings.com annette.art@sympatico.ca

DRE HEATHER FOX B.Sc., D.D.S.*Dentiste / Dentiste*

18 Westminster N. #120

Tél: 487-4577

Fax: 487-8376

Member of Parliament | Députée
Notre-Dame-de-Grâce—Westmount

anna.gainey@parl.gc.ca

408-5165 Sherbrooke West/Ouest

(514) 481-1897

@annamgainey

**GENERAC**
POWER PRO
ELITEMAISON - CHALET - COMMERCIALE
INSTALLATION - ENTRETIEN**Parlons
Génératrices.**TRISTAN MACKENZIE
DIRECTEUR GÉNÉRAL

514 466 6840

RBQ: 5874-0754-01

www.prestigegeneratrices.ca

Autorisé par Tafari Thompson, agent officiel de Notre-Dame-de-Grâce - Parti libéral du Québec.

**DÉSIRÉE MCGRAW**Candidate libérale pour la comté de
Liberal Candidate for the riding of

Notre-Dame-de-Grâce

Faites entendre votre voix **le 5 octobre**.
Besoin d'aide pour voter à Montréal-Ouest?
Contactez-nous.Make your voice heard on **October 5**.
Need help voting in Montreal West?
Contact us.

desiree.mcgraw@plq.org

514-665-7569

5524 ave de Monkland, Montréal

Suivez-moi / Follow me!



linktr.ee/desireemcgraw

- Soins du visage et microdermabrasion
- Micro-canalisation avec cellules souches
- Épilation • Pédicure • Manucure
- Gel • Vernis • Extensions de cils et d'ongles
- Épilation laser médicale
- Rajeunissement de la peau au laser pour la pigmentation, capillaires brisés, rosacée, taches brunes et ride
- Médico-esthéticienne



- Facials and Microdermabrasion
- Micro channelling with stem cells
- Waxing • Pedicure • Manicure
- Gel • Polish • Lash and nail extensions
- Medical laser hair removal
- Skin rejuvenation by laser for pigmentation, broken capillaries, rosacea, dark spots & wrinkles
- MedEsthetician

by appointment only / par rendez-vous seulement

514-910-212516 Westminster ave Nord, #205
www.alexandraesthetique.caRemodelage
Du Corps
Body
Contouring**Nos
Services & Cours****Our
Services & Courses**

- Sauna Infrarouge
Infrared Sauna
- Lipo Cavitation
Lipo Cavitation
- Lipo Laser
Lipo Laser
- Massage Drainage Lymphatic
Lymphatic Drainage Massage
- Radiofréquence
Radio Frequency
- Lifting Des Fesses
Vacuum Therapy
- Maderothérapie
Wood Therapy

**Contactez-Nous
Contact Us**

(514)-918-3004

@spcontour

www.spcontour.ca

spcontourcustomerservice@gmail.com

News from the pews

MW United

...the brick one

A place to pause, connect and belong

There are moments in the year when we are reminded that we don't have to do everything on our own. A conversation over coffee, a familiar face across the room, a quiet moment of reflection or simply knowing there is a place where you are welcome – all of these small things can become gifts.

At Montreal West United Church, October brings plenty of opportunities to gather, connect, reflect and share. Our committees are also busy behind the scenes preparing for one of the highlights of the season: our annual Christmas bazaar on Saturday, November 7, with set-up taking place on Friday, November 6.

The bazaar is always a wonderful mix of the practical and the unexpected, with treasures to browse, homemade goodies to enjoy and perhaps that perfect something you didn't know you were looking for! And when you need a break from shopping, our lunch will be waiting – a chance to sit down, enjoy a bite, and catch up with friends.

Welcome Back Lunch

After the summer months, it's good to gather around a table again. Our Welcome Back Lunch is an opportunity to reconnect with friends, welcome familiar faces and new ones back into the fold and enjoy the simple pleasure of sharing a meal. Everyone is welcome Sunday, October 18.

Labyrinth Walk

Thursday, October 22, 7-9 pm, step away from the noise and busyness of everyday

life for an evening of quiet reflection. Walking the labyrinth offers time to slow down, breathe, and simply be present. No experience is necessary – all are welcome.

Crafts & Laughs

A little creativity, a little conversation and plenty of laughter! Crafts & Laughs welcomes everyone, from experienced crafters to those who haven't picked up a craft project in years. Come for the crafting, stay for the company – and don't worry if you think you're "not crafty." Enthusiasm is the only requirement! Tuesdays, 10 am-noon.

Bible study

What happens when we take a closer look at the stories and readings we hear on Sunday? Our weekly Bible study explores the upcoming readings with historical background, interesting anecdotes, questions, and plenty of shared perspectives. Come curious, stay for the conversation. Wednesdays at 1 pm.

The Quiet Centre

Sometimes we simply need to stop. The Quiet Centre offers a free midweek opportunity for meditation, gentle yoga and quiet reflection – a chance to set aside the demands of the week and make a little room for stillness. Wednesdays at 7 pm. A youth session is also offered on Zoom Thursdays at 7 pm. Contact **Natalie** at **884-0444** for details.

World Food Sunday

On October 18, we will join churches around the world in recognizing World Food Sunday, drawing attention to the reality of hunger and food insecurity in our communities and beyond.

This year, we are collecting cash donations in support of *The Depot*, formerly known as the *NDG Food Depot*. With the cost of everyday essentials continuing to rise, helping ensure that our neighbours have access to food feels more important than ever.

Donations can be made by e-transfer to mwucoffice@gmail.com. Please include "World Food Donation" in the message line. Donations may also be dropped off at the church.

We hope you'll find a place among us this October.

With an open door and a warm welcome,

from Tania Watson

St. Philip's

Our community garden has wrapped up another successful year. On Saturday October 3, we will be having our fall workday to put the garden to bed for the winter. Please join us at 9 am if you wish to take part.

Mark your calendar!

St. Philip's annual Christmas bazaar will take place on Saturday, November 14 from 10 am to 2 pm in the parish hall (7505 Sherbrooke).

An amazing array of scrumptious baked goods, fudge, candy, jellies, jams and preserves will be featured, as well as a vast selection of gently used books, DVDs, CDs, puzzles, knitted items, jewelry and various attic treasures. And don't forget to stay for the ever-popular lunch served by the Men's Fellowship.

from Mark Reimer



VANESSA IANNUCCI

COURTIER IMMOBILIER RÉSIDENTIEL | RESIDENTIAL REAL ESTATE BROKER
514.839.2842 | VANESSA.IANNUCCI@THEAGENCYRE.COM



L'immobilier, redéfini pour vous
Real Estate, Redefined for You

À VOUS DE JOUER! – YOUR MOVE!

THE AGENCY MONTRÉAL AGENCE IMMOBILIÈRE
UNE FRANCHISE INDÉPENDANTE



GLENDA CAPLAN

COURTIER IMMOBILIER AGRÉÉ DA | CERTIFIED REAL ESTATE BROKER AEO
514.862.6950 | GLENDA.CAPLAN@THEAGENCYRE.COM

Montreal West Children's Library



Mon, Wed, Thu, Fri / lun, mer, jeu, ven :
10 am-6 pm

Tue / mar : 10 am-8 pm

Sat, Sun / sam, dim : 10 am-3 pm

Fermé / closed: October 10-12 octobre

484-7194

www.mwcl.ca mwcl@mwcl.ca

Summer Reading Program

The end of the TD Summer Reading Club was marked by a lively party on August 28. Families gathered to enjoy amusing activities, draws for prizes and a tasty snack, but most of all they wanted to learn who the best readers of the summer were – the children who had read the largest number of books.

Every child who read books this summer is a winner – winning enjoyable, relaxing time and maintaining their reading skills. We are happy to announce that the total number of books our patrons read over the summer is 1135!

A lot of children participated in activities organised by us. We were happy to welcome the MoWest Day camp groups who were regular visitors.

We are pleased to award the children who distinguished themselves by investing the most time in reading, as well as effort in keeping their reading logs updated with care and devotion. The winner in the category 3-6 years old is **Teddy Darwish**, who read 100 books this summer. The winner in the category 7-12 years old is **Leonardo Guzman**

with 120 books marked down. Congratulations to everyone who participated in the summer program and for making this period of the year memorable for our team too!

KokoBrik: Lego construction competition

The public libraries of the island of Montreal (BBIM) are all taking part in a Lego contest, animated by *KokoBrik* creative workshops. The construction competition will take place on Saturday, October 3, 11:30 am.

Children will dive into a *Minecraft*-inspired block-building world to take on a challenge. By building majestic castles, they will have to imagine, construct and organise impressive creations and complete a shared mission. The creations will be photographed, and an online vote will take place to decide the public library winner. Don't miss this exciting opportunity to take part in a unique Lego competition.

Book bundles for sale

A new way of selling the discarded books from our collection: we will offer different items – books, DVDs, magazines – for visitors to buy in a bundle prepared by us. We try to reduce our footprint on the environment, by attempting to find a new home for our old documents. In an effort to raise funds for the library, we have put together many sets of used books that you can buy for \$5 per bundle. Do visit us for a treasure hunt and prolong the life of some quality titles.

Halloween – Spooky Tales

The traditional Spooky Tales (story time and pumpkin decoration) will take place at



Teddy Darwish showing his certificate. Congratulations on the 100 books he read this summer!

the library on October 31, 11 am. No better way to get into the mood for trick-or-treating. We provide the pumpkins, and you provide the imagination and creativity. Put on your Halloween costume for this special activity. Please call us to register for this much-anticipated annual celebration of Halloween.

A reminder that we have a rich collection of over 100 children's costumes to borrow, with 20 new costumes donated by the community! Circulation is ongoing, but the collection is especially popular around this time of year. Thank you for helping us maintain this special and unique collection!

IODE

We give thanks this month for...



- The community in which we serve,
- Each member of the *IODE HMS Victory* team for their heart, care, energy and collaboration,
- Our partners who support our efforts and allow us to share in joint projects to enrich our community.

A special shout-out to **Deborah Marcogliese** of the MoWest Public Library for her generosity in offering space for our

meetings. It is truly appreciated.

We also look forward to joint projects in 2026-27 where both our organizations will draw strength, focus and some moments of fun as we work together to develop these ideas.

Here are some of the projects we're working on, and we'd love for you to join us:

- We're continuing our knitting projects for Labrador schools. Twenty pairs of slippers are in the mail to the classrooms we support.
- In October, we'll host a special Christmas fundraiser featuring unique, handmade winter hats for adults.
- We have prepared grooming bags for women's shelters at Christmas.
- We're planning new fundraising activities for the 2026-27 season.

- We're already setting aside treasures for the MW spring garage sale in June.

Join us!

We meet on the second Tuesday of each month from September to June, starting at 1:30 pm. Come connect with friendly members and see how your unique talents can help our group grow!

Coming meetings: October 13 (Zoom) November 10 (Zoom), December 8 (Christmas lunch in person).

If you'd like more information, please contact us at iodehmsvictory@gmail.com.

from Diane Ellison

Montreal West Public Library

As the days get shorter and fall settles in, the Montreal West Public Library is getting ready for a busy and colourful season. This fall brings new programs, familiar favourites, opportunities to share food and stories and plenty of new books to discover. Whether you're looking to make something, learn something, meet your neighbours or simply find your next great read, we hope you'll find a reason to stop by the library.

Fall programming

This fall, our programming is organized around three major themes: Crafty Tuesdays, Books & Bites Wednesdays and Yarns on Thursdays. Each theme offers a different way to connect, learn, create and, of course, enjoy some time at the library.

Crafty Tuesdays – Sock Puppets

As part of our Crafty Tuesday's programming, we are happy to announce that Sock Puppets is returning, starting October 6. We'll be using old socks – hockey socks, to be specific – and turning them into fun and colourful puppets!

There is no registration fee, but space is limited, so please register at info@mwpl.ca.

Books & Bites Wednesdays

Our Books & Bites Wednesdays are all about bringing people together through food, stories and books. This past September, Recipes for the Future – Sharing Recipes met at the library for a pasta-making workshop. This was the first time we tried making something together in the library, and it was a great success! Everyone went home with fresh pasta to enjoy.

We hope this is just the beginning of many more cooking workshops and shared food experiences at the library.

Our next meeting will be October 9 at

Pasta making at the library!



2 pm. Email info@mwpl.ca to register, as registration is required.

Quebec Library Week October 18-24

Come and visit the library and see some special exhibits and activities as we celebrate public libraries.

A change to our fall plans

We also have a small change to our fall programming schedule. Due to a scheduling conflict, we have had to cancel our karaoke event. We apologize for any inconvenience and hope to bring this popular event back in the future.

New arrivals on library shelves

There's always something new to discover at the Montreal West Public Library! We are especially pleased to have expanded our French language collection, with a selection of contemporary works by Quebec authors, titles from local publishers and voices from across the francophone literary world. Below are a few of our newest French additions – we hope you'll find something that catches your eye.

Nouvelles arrivées sur les étagères de la bibliothèque

Nous sommes heureux d'annoncer que nous avons élargi notre collection en français et souhaitons vous présenter quelques-uns de nos achats les plus récents.

Nous nous engageons à offrir des œuvres contemporaines d'auteurs québécois ainsi que des titres provenant d'éditeurs locaux. Nous acceptons volontiers les suggestions de nos lecteurs. Si vous avez un livre en français en tête qui, selon vous, devrait faire partie de notre collection, n'hésitez pas à nous en faire part.



481-7522

41 Westminster N.

Reservations / requests:

info@mwpl.ca

Visit us online: mwpl.ca

HEURES / HOURS

Lundi au vendredi / Monday to Saturday:
Noon-6 pm

Fermé / closed: October 10-12 octobre

Les nouveautés suivantes sont actuellement sur nos tablettes :

- « La Vallée de l'étrange », de **J.D. Kurt-ness** – une réflexion unique, à la fois drôle et sombre, sur les enjeux liés aux excès de l'intelligence artificielle.
- « T'es belle, pour une grosse » de **Simon Alarie** – un récit captivant et émouvant sur l'amitié et la reconstruction de sa vie.
- « L'art d'aimer un avatar » de **Martin Desrosiers** – un récit captivant du parcours de l'auteur dans le monde des applications de rencontres.
- « Coeur infime » de **Billy-Ray Belcourt**, un premier roman sur la percée de nos prisons intérieures, par l'un des talents littéraires les plus audacieux du Canada.
- « MAMU » – un recueil de nouvelles qui, sous la direction de **Michel Jean**, réunit vingt des écrivains autochtones les plus dynamiques du territoire. Le mot mamu, qui signifie « ensemble » en innu-aimun, reflète bien l'esprit de cette collection.

Notre personnel et nos bénévoles au comptoir de circulation peuvent vous aider à trouver ces titres. Vous pouvez également les réserver sur notre site Web : mwpl.ca.

from Deb Marcogliese

Dr. Michael J. Wexel Chiropraticien / Chiropractor

Douleur au cou
Maux de tête et migraines
Rigidité
Blessures liées au sport
Bien-être et soins préventifs
Lombalgie
Douleur musculaire
Engourdissements et picotements
Conseils nutritionnels



Neck Pain
Headaches & Migraines
Stiffness
Sports Related Injuries
Wellness & Preventative Care
Low Back Pain
Muscle Pain
Numbness & Tingling
Nutritional Counseling

514-773-7246

18 Westminster N., Suite 110

**Prenez rendez-vous dès aujourd'hui pour vous sentir mieux demain.
Call for an appointment today so you can feel better tomorrow.**

Les communautés s'unissent pour planter la microforêt Ronald

2 octobre



UrbaNature Education, la Ville de Montréal-Ouest, la *Fondation Sun and Truth*, *Park People*, l'*Université Concordia* et *Arbre-Évolution* invitent la population à prendre part à la création de la nouvelle microforêt Ronald, située à l'intersection de la promenade Ronald et de l'avenue Brock Sud.

La microforêt Ronald, d'une superficie de 200 mètres carrés, comprendra environ 600 arbres et arbustes indigènes, contribuant à la vision de la Ville visant à accroître la canopée urbaine et la biodiversité. Composée d'arbres, d'arbustes et de plantes couvre-sol indigènes, la microforêt favorisera la présence de pollinisateurs locaux, contribuera à réduire les îlots de chaleur urbains et attirera la faune, notamment les abeilles et les oiseaux.

Au-delà de ses retombées environnementales, le projet se veut une initiative rassembleuse. Il mobilisera les résidents, les écoles et les organismes de Montréal-Ouest ainsi que les communautés voisines de la falaise Saint-Jacques.

1^{er} octobre

- 10h à 15h : Les bénévoles retireront le gazon et prépareront le sol.
- 12h30 à 13h30 : Une entomologiste de l'Université Concordia animera une causerie et une activité interactive consacrée aux insectes.

- 10h : *Arbre-Évolution* offrira une formation sur la plantation des arbres. Les participants sont vivement encouragés à y assister afin d'éviter d'endommager les arbres et de veiller à ce qu'ils soient plantés correctement afin de traverser l'hiver.
- 10h à 15h : Les bénévoles planteront 600 jeunes arbres.

Tout le monde est bienvenu! Vous pouvez rester aussi longtemps que vous le souhaitez.

« Il s'agit d'une première étape pour étendre la portée biologique de la falaise Saint-Jacques au-delà de l'autoroute et des voies ferrées, en direction de Meadowbrook », a déclaré **Lisa Mintz**, directrice générale d'*UrbaNature Education* et fondatrice de *Sauvons la falaise!* « J'ai toujours imaginé la falaise au cœur d'une ceinture verte reliant le parc Meadowbrook au mont Royal, puis se prolongeant vers le sud, par la future dalle-parc et le parc Angrignon, jusqu'au parc des Rapides. »

« Nous sommes très heureux d'accueillir la première microforêt. Celle-ci s'inscrit dans une série de petits habitats créés le long de la rue Saint-Jacques à NDG en continuité avec l'écoterritoire de la falaise Saint-Jacques. Ce projet écologique, éducatif et scientifique contribue à enrichir notre environnement et notre milieu de vie. Merci à *UrbaNature* pour l'initiative, le financement et la coordination », a déclaré le maire **Jonathan Cha**.

Venez nous aider à créer une forêt urbaine dans un esprit de solidarité et prenez part à la naissance de quelque chose de très spécial, tout près de chez vous!

Plus de vert, moins d'écrans!

Contact: **Lisa Mintz** at urbanature.education@gmail.com ou 438-877-2470.

The Ronald Pocket Forest

UrbaNature Education, the Town of Montreal West, the *Sun and Truth Foundation*, *Park People*, *Concordia University* and *Arbre-Évolution* invite residents to help create the new Ronald Pocket Forest (Ronald Drive and Brock S.).

The 200-square-metre Ronald Pocket Forest will contain approximately 600 native trees and shrubs, supporting the Town's vision to increase the local tree canopy and biodiversity. Designed with native plants, the forest will help support local pollinators, reduce urban heat and attract wildlife such as bees and birds.

Beyond its environmental impact, the project is also a community-building initiative that will bring together residents, schools and organizations from Montreal West and neighbouring communities around the Falaise Saint-Jacques.

October 1

- 10 am-3 pm: Volunteers will remove grass and prepare the soil.
- 12:30-1:30 pm: A Concordia University entomologist will offer a talk and an interactive insect experience.

October 2

- 10 am: *Arbre-Évolution* will provide tree-planting training. Participants are strongly encouraged to attend the training, which will help prevent damage and ensure that every tree is properly planted.
- 10 am-3 pm: Volunteers will plant 600 saplings.

Everyone is welcome! Stay for as much or as little time as you wish.

"This is the first step in extending the biological reach of the Falaise Saint-Jacques across the highway and railway lines toward Meadowbrook," said **Lisa Mintz**, Executive Director of *UrbaNature Education* and founder of *Sauvons la falaise!* "I have always imagined the Falaise at the heart of a green belt connecting Meadowbrook Park with Mount Royal, then running south across the future Dalle-Parc and Parc Angrignon to Parc des Rapides."

"We are very pleased to welcome the first microforest in Town," said Mayor **Jonathan Cha**. "This microforest is part of a series of small habitats created along Saint-Jacques Street in NDG, extending the Saint-Jacques Escarpment eco-territory. This ecological, educational and scientific project contributes to enriching our environment and living space. Thank you to *UrbaNature* for the initiative, funding and coordination."

Come help create an urban forest in solidarity – and be part of something special growing in your own backyard!

More Green – Less Screens!

Contact: **Lisa Mintz** at urbanature.education@gmail.com or 438-877-2470.

Sutton

**DAVID
DOUBT**

RÉSULTATS... c'est ce qui compte le plus
RESULTS... are what matter most

514 220 6298
ddoubt@sutton.com





Comité de transition écologique et de l'environnement Ecological Transition and Environment Committee

Le troc annuel de vêtements est de retour!

Vous avez une pile de vêtements que vous ne portez plus dans votre garde-robe? Vous voulez rafraîchir rapidement votre garde-robe? Nous avons la solution idéale : « verte », locale et (presque) GRATUITE! Joignez-vous au *Comité de transition écologique et de l'environnement (CTEE)* de Mo-Ouest pour notre gigantesque troc de vêtements! C'est la façon la plus amusante de donner une nouvelle vie à vos anciens vêtements et d'adopter une toute nouvelle collection.

Mais pourquoi le *CTEE* organise-t-il cet événement? Eh bien, la fabrication de vêtements est extrêmement néfaste pour la planète. L'industrie de la mode éphémère (fast fashion), qui mise sur des prix bas, représente environ 10 % des émissions mondiales de carbone, soit plus que les vols internationaux et le transport maritime combinés. Ce secteur figure parmi les plus grands consommateurs d'eau au monde, nécessitant la quantité stupéfiante de 700 gallons pour une simple chemise en coton et 2 000 gallons pour une paire de jeans! La surproduction de la mode éphémère génère environ 92 millions de tonnes de déchets textiles chaque année, dont une grande partie finit dans les sites d'enfouissement. Cependant, en cette période d'inflation, on comprend que les consommateurs soient attirés par les prix d'aubaine de la mode éphémère. Alors, que faire?

Voici comment ça fonctionne :

- L'échange aura lieu de 13h à 15h30, le dimanche 25 octobre à l'hôtel de ville.



- Vous pouvez apporter vos propres sacs de vêtements lorsque vous venez faire vos achats ou – mieux encore – les déposer à l'hôtel de ville à l'avance, dès 11h.
- Le nombre de sacs de vêtements que vous apportez correspond au nombre de sacs pleins avec lesquels vous pouvez repartir. Si vous souhaitez emporter des articles supplémentaires, vous pouvez acheter un sac supplémentaire pour 2 \$.
- Les articles que vous apportez DOIVENT être propres, sans taches ni déchirures.
- Les frais d'entrée de 5 \$ serviront à financer d'autres projets écologiques organisés par le *CTEE*.
- Tous les articles restants seront remis à une friperie locale.

Et soyez assurés qu'au Mo-Ouest Swap, les articles vont de la simple « mode éphémère » encore en très bon état à de véritables pièces de haute couture. Venez donc avec votre famille et vos amis et échangez jusqu'à plus soif!

Liz Ulin

Au nom du *CTEE* de Mo-Ouest
traduction par Daniel Boulerville

Annual clothing swap is back!

Got a stash of unloved clothes in your closet? Want to give your wardrobe a quick refresh? We've got the ideal solution that's "green," local and (almost) FREE! Join the *MoWest Ecological Transition and Environment Committee (ETEC)* for our giant clothing swap! It's the most fun way to re-home your former threads and adopt a whole new crop.

But why does the ETEC organize it?

Well, clothing manufacture is extremely painful for the planet. The cheap fast fashion industry accounts for about 10% of global carbon emissions, which is more than international flights and maritime shipping combined. The sector ranks as one of the largest water consumers globally, needing an astounding 700 gallons for a single cotton shirt and 2,000 gallons for a pair of jeans! Fast fashion's overproduction generates roughly 92 million tons of textile waste each year, much of which ends up in landfills. But in these days of skyrocketing prices, it's understandable that shoppers are drawn to fast fashion's bargain-basement prices. So, what to do?

Enter: the MoWest clothing swap!

Here's how it works:

- The Swap takes place from 1-3:30 pm, Sunday, October 25 at the Town Hall
- You may bring your own bags of clothes when you come to shop or, better still, drop them off at the Town Hall beforehand, as of 11 am.
- The number of bags of clothes you bring in is the number you can take home full. If you want to take additional items, you can purchase an extra bag for \$2.
- The items you bring MUST be clean with no stains or tears.
- There's a \$5 entrance fee which will help fund other green projects organized by the *ETEC*.
- All left over items will be donated to a local thrift store.

Don't miss this event!

And rest assured, at the MoWest swap the items range from simple fast fashion with plenty of life left to genuine haute couture. So come with your family and friends and swap till you drop!

from Liz Ulin
for MoWest ETEC

JCC
J. COLLINS CONSTRUCTION INC.

J. Collins Construction Inc.
www.jccmontreal.ca
514 554-6042
RBQ 5625-7694-01
ENTREPRENEUR GÉNÉRAL

Réunion du Conseil : Août



par Jody Mason
traduction par René Boucher

Le commandant **Mathieu Fournier-Landry** du *SPVM* (PDQ 9) était présent et a répondu aux questions. Une résidente s'interroge sur le plan du *SPVM* pour le retour de l'école, notamment autour de l'Académie Royal West. M. Fournier-Landry note que la présence d'un brigadier scolaire à l'intersection Ainslie / Westminster au printemps 2026 constituait une mesure exceptionnelle qui ne sera pas répétée au cours de l'année scolaire 2026-2027. (Le *SPVM* ne fournit pas de brigadiers pour les élèves du secondaire.) Cela dit, le *SPVM* est conscient des problèmes particuliers que pose le passage à niveau dans cette zone et continuera de fournir un agent de police au passage à niveau pendant les heures de pointe. À la suite de cet échange, le Conseil a adopté une motion demandant la mise sur pied d'un poste temporaire de brigadier scolaire pour l'intersection Westminister/Ainslie, étant donné que le projet pilote visant à améliorer la sécurité à ce passage à niveau n'a pas encore commencé.

Première période de questions Circulation et mobilité

Une résidente a applaudi le fait que le projet pilote au passage à niveau soit maintenant programmé (début prévu le 22 septembre) et a demandé si les travaux prévus au passage piétonnier de l'école au sud des voies se dérouleront en même temps. Le **conseiller Bergeron** a répondu oui.

Un résident qui a eu une rencontre avec le maire et le conseiller Bergeron au printemps 2026 a demandé un suivi. Il a des

préoccupations au sujet de la sécurité au passage à niveau. Le conseiller Bergeron a fait remarquer qu'après un retard dû à une grève de *CPKC*, le projet pilote, conçu pour améliorer la sécurité, va de l'avant. Le résident, éducateur en sécurité routière, aimerait avoir l'occasion d'aider les résidents à naviguer dans le secteur une fois que le projet pilote aura débuté. Le conseiller Bergeron transmettra cette demande au Comité de la mobilité durable.

Un résident a signalé que le signal lumineux à Brock Sud et Avon est défectueux. Le conseiller Bergeron se penchera immédiatement sur cette question. D'autres préoccupations ont été soulevées au sujet de la décoloration des passages piétonniers, en particulier celui au sud du passage à niveau de Westminister. Monsieur Bergeron a indiqué que les travaux n'ont pas été terminés au printemps en raison du projet pilote prévu, mais que depuis que ce projet a été retardé, la Ville s'est assurée que les passages ont été repeints pour la rentrée scolaire.

Stationnement

Un résident se questionne sur la modification du stationnement sur Nelson: le règlement a été adopté en juin, mais le Service des travaux publics n'a pas encore changé la signalisation. Le conseiller Bergeron fera un suivi auprès des Travaux publics.

Un résident a demandé une mise à jour sur le parc de stationnement temporaire installé au parc Percival pendant la construction du centre récréatif. Il a fait remarquer que ce terrain est loué de la *CSEM*. Le conseiller Bergeron a répondu que cette location allait se poursuivre afin de libérer des places de stationnement au centre sportif, mais que cette disposition est temporaire pour l'instant.

Un résident a demandé où en était le calendrier de démolition de *U-HAUL* (dans le sud de Montréal-Ouest). Les résidents sont préoccupés par l'ampleur du projet et le bruit. La **conseillère Slocombe** a fait remarquer que le CCU a approuvé la conception et que la recommandation d'approbation comprenait une étude acoustique (des mesures d'atténuation du bruit sur place seront requises).

Réparation des infrastructures et des routes

Plusieurs résidents ont exprimé des préoccupations au sujet des nids-de-poule et de l'état des trottoirs. Le Conseil a indiqué qu'il y avait un inventaire permanent pour ces deux types d'ouvrages aux Travaux publics et a rappelé aux résidents qu'ils devaient signaler les zones dangereuses aux Travaux publics en utilisant le formulaire en ligne.

Environnement

Une résidente a demandé si la Ville envisagerait d'interdire les tondeuses à gazon à essence, compte tenu de l'interdiction actuelle des souffleurs à feuilles à essence? La conseillère Slocombe a répondu que oui, c'est une possibilité. Un autre résident a demandé si le Conseil reconsidérerait le nouveau règlement sur les foyers au bois et s'est fait dire que le règlement serait maintenu dans sa forme actuelle.

Un résident de Northview a souligné les problèmes d'inondation des sous-sols dans ce secteur. La Ville travaille sur ce problème sous plusieurs angles : elle remplace les infrastructures d'aqueduc et d'égout et renouvelle le couvert forestier en vue de gérer les problèmes liés au climat. La Ville élabore également une stratégie de résilience climatique.

Divers

Un citoyen s'est dit préoccupé par l'état du 53 Nelson. La structure est dangereuse et la situation empire. La Ville peut-elle ériger un périmètre de sécurité autour de la maison? La conseillère Slocombe a indiqué que la Ville est au courant de la situation et tente activement de régler le problème. Elle a fait remarquer qu'il n'est pas possible pour la Ville de barricader une propriété privée.

Une résidente a demandé si la Ville envisagerait un budget participatif du genre de celui géré par la Ville de Montréal. La **conseillère Small-Pennefather** a noté que Montréal-Ouest ne dispose pas actuellement de ressources pour cela, mais a rappelé à la résidente que le Conseil accueille favorablement les idées des citoyens et a mis en place divers forums pour cela (réunions avec les citoyens, comités de citoyens, formulaires en ligne).

Seconde période de questions

Un citoyen s'est enquis des plans pour réparer le chemin Ainslie. La conseillère Small-Pennefather (parlant au nom du conseiller Tassé) a répondu qu'un appel d'offres pour des travaux a été lancé à la fin août et que la Ville espère que ces travaux seront terminés avant l'hiver.

Juliette LORD

PHYSIOTHÉRAPIE À DOMICILE
HOME PHYSIOTHERAPY

438 875 2115
maisonphysio@gmail.com

PAUL DESJARDINS

Courtier immobilier résidentiel & commercial
Residential and Commercial Real Estate Broker

514.232.0364

pauldesjardins@royallepage.ca
www.pauldesjardins.ca



Résident de Mo-Ouest depuis plus de 20 ans
A MoWest resident for over 20 years



Dr Mark Santaguida, O.D.
docteur en optométrie / optometrist

- examen de la vue • eye exams
- lunettes • glasses
- verres de contact • contact lenses
- consultation laser • laser consultation

514 481-4791

47 av. Westminister Ave. S. Montréal-Ouest, QC H4X 1Y6

Town Council meeting: August



by Jody Mason

SPVM Commandant Mathieu Fournier-Landry (Police Station 9) was present and took questions. A resident asked about the SPVM's plan for the return of school, particularly in the area around Royal West Academy. Mr. Fournier-Landry noted that the presence of a school crossing guard at the Ainslie/Westminster crossing in the spring of 2026 was an exceptional measure and will not be continued in the 2026-27 school year. (The SPVM does not provide crossing guards for high school students.) That said, the SPVM is aware of the special problems posed by the level crossing in this area and will continue to provide a police officer at the level crossing during rush hours. Following this exchange, the Council passed a motion calling for a temporary school crossing guard for the Westminster/Ainslie crossing, given that the pilot project designed to improve the safety at this crossing has not yet begun.

First question period Traffic safety and mobility

A resident applauded the fact that the pilot project at the level crossing is now going ahead (scheduled to begin September 22) and asked if the planned work at the school crosswalk south of the tracks will happen at the same time. **Councillor Bergeron** replied yes.

A resident who had a meeting with the mayor and Councillor Bergeron in the spring of 2026 asked for a follow-up. He has concerns about safety at the level crossing. Councillor Bergeron noted that, after a delay due to a CPKC strike, the pilot project, which is designed to improve safety, is going ahead.

The resident, a traffic safety educator, would like an opportunity to help residents navigate the area once the pilot project has begun. Councillor Bergeron will take this request to the Sustainable Mobility Committee.

A resident reported that the light signal at Brock South and Avon is defective. Councillor Bergeron will look into this immediately. Other concerns were raised about the faded paint at crosswalks, particularly the one south of the Westminster level crossing. Councillor Bergeron responded that this work was not completed in the spring because of the planned pilot project, but, since this project was delayed, the Town has now ensured that crosswalks have been painted for the back-to-school season.

Parking

A resident asked about the parking bylaw change on Nelson: the bylaw was passed in June, but Public Works has yet to change the signage. Councillor Bergeron responded that he will follow up with Public Works.

A resident asked for an update on the temporary parking lot that was set up in Percival Park during the construction of the Recreation Centre. He noted that this land is rented from the EMSB. Councillor Bergeron replied that this rental is going to continue in order to free up parking at the recreation centre, but that this arrangement is temporary for now.

A resident asked about the status of the U-HAUL demolition timeline (in southern Montreal West). Residents have concerns about the size of the project and the noise. **Councillor Slocombe** observed that PAC has approved the design and that the PAC recommendation to approve included an acoustic study (noise mitigation measures will be required on site).

Infrastructure and road repair

Several residents expressed concerns about potholes and the condition of sidewalks. Council reported that there is an ongoing inventory for both of these at Public Works and reminded residents to please report dangerous areas using the online Public Works form.

Environment

A resident asked if the Town would consider a ban on gas-powered lawn mowers, given the existing ban on gas-powered leaf blowers. Councillor Slocombe responded that yes, this is a possibility. Another resident asked if Council will reconsider the new wood burning fireplace bylaw and was told the bylaw will be maintained in its current form.

A resident of Northview noted the problem of flooding basements in this area. The Town is working on this problem from several angles: they are replacing water and sewer infrastructure and renewing the tree canopy with a view to managing climate-related problems. The Town is also devising a Climate Resilience Strategy.

Miscellaneous

A resident expressed concern about the state of 53 Nelson. The structure is dangerous and the situation is getting worse. Can the Town erect some kind of security perimeter around the house? Councillor Slocombe is aware of the situation, and the Town is actively trying to address the problem. She noted that it is not possible for the Town to erect a barrier on private property.

A resident asked if the Town would consider a participatory budget of the kind run by the City of Montreal. **Councillor Small-Pennefather** noted that the Town does not currently have resources for this but reminded the resident that Council welcomes ideas from citizens and has set up various forums for this (open meetings with citizens, citizens' committees, online forms).

Second question period

A resident asked about plans to fix Ainslie Road. Councillor Small-Pennefather (speaking for Councillor Tassé) responded that a tender for work went out in late August and the Town hopes this work will be completed before the winter.

Montreal West Dentistry

Dr Shaat · Dr Craig · Dr Diamandis

Nous acceptons de nouveaux patients  We are accepting new patients

“It's a family atmosphere here and the staff are all warm and friendly and **truly care** about you. Top notch! – Joe F.”

514.484.0521

📍 12, ave. Brock Nord, Montréal-Ouest, QC
✉ reception@montrealwestdentistry.com
🌐 www.montrealwestdentistry.com



HAN CHUN WU, Ac

Acupuncture

Médecine traditionnelle chinoise

www.acupuncturewu.ca

514-369-1198

14-B Milner
CSST • SAAQ

Montréal-Ouest
H4X 1J1

Centre sportif et récréatif 484-6186

Oktoberfest

2 octobre, 19h30

Centre sportif et récréatif, salle polyvalente

20 \$ pour les résidents / 30 \$ pour les non-résidents, collations et bières en vente sur place, des défis et des jeux amusants!

Spooktaculaire

30 octobre, 17 h

Centre sportif et récréatif

Venez costumés et profitez d'une soirée remplie de friandises, d'activités amusantes, d'un photo booth et d'artistes ambulants pour toute la famille! Restez avec nous pour une projection spéciale du film « Hal-lowecentown » à 18h dans la salle polyvalente. Rassemblez toute la famille et préparez-vous à vivre une soirée remplie de plaisir, de surprises et de frissons! Hot-dog gratuit; collation en vente.

Halloween sur glace

31 octobre, 16h- 18h

Patinoire Steve et Rob Michelin

Donnez le coup d'envoi à l'Halloween avec un patinage enchanté avant la traditionnelle chasse aux bonbons! Venez costumés et profitez d'une ambiance ensorcelante, de musique thématique et d'activités amusantes pour petits et grands.

AGELESS - Film

La Journée nationale des aînés.

Jeudi 1^{er} octobre, 5h-17h

Hôtel de ville, salle de musique

Projection du film *AGELESS* (40 min), suivie d'une discussion animée par Tracie Swim. Des rafraîchissements seront servis. Entrée gratuite, inscription préalable sur Amilia ou par téléphone au 484-6186.

Groupe de marche active

Visite historique du cimetière du Mont-Royal, mardi 6 octobre, 9h30-14h

Visite de l'Oratoire de Saint-Joseph, mardi 3 novembre, 9h30-14h

Activités dans le gymnase

Des activités de gym continuent au centre sportif et récréatif! Ces séances offrent aux résidents des occasions flexibles et décontractées de rester actifs et de profiter des installations du gymnase. Parmi les activités proposées, on trouve le pickleball, le badminton, le volley-ball, le basket-ball, la gym pour bébés et bien d'autres encore.

Visitez les activités offertes dans le gymnase via le site Web. Inscrivez-vous en ligne sur notre plateforme d'inscription AMILIA ou appeler le centre de sportif et récréatif 484-6186.

Patinage libre

Enfilez vos patins et rejoignez-nous au centre sportif et récréatif pour une séance de patinage libre gratuite! Les résidents de tous âges sont invités à profiter de la glace dans une toute nouvelle installation moderne. Aucune inscription nécessaire. Le Pro Shop sera ouvert pour louer des patins et des casques ou faire aiguiser vos propres patins!

- Samedi : 18h-19h30
- Dimanche : 13h30-15h
- Lundi, mercredi, vendredi : 10h-12h
- Patinage libre artistique le lundi et le mercredi : 13h30-15h

Soirée Congé pour les parents

17h à 22h, centre sportif et récréatif

Enfants 4 à 10 ans. Pizza, film et plaisir garanti : les vendredis 16 octobre, 20 novembre et 18 décembre

Cours de la Croix-Rouge

Cours de gardiennage

Dimanche 18 octobre, 9h30-17h30

Enfants âgés de 11 ans

Les enfants acquièrent les compétences nécessaires pour exercer des fonctions de gardiennage. Coût : Résidents : 85 \$ / Non-résidents : 95 \$.

Cours « Prêts à rester seuls »

Dimanche 25 octobre, 9h30-15h30

Enfants âgés de 9 à 13 ans.

Les situations réelles exigent souvent des enfants qu'ils réagissent face à des défis. Le programme « Stay Safe! » (de la Croix Rouge) enseigne des compétences applicables et adaptées à l'âge des participants, tout en renforçant leur capacité à améliorer leur propre sécurité. Coût : Résidents : 80 \$ / Non-résidents : 90 \$.

Soirées ados

De 11 à 15 ans

Centre sportif et récréatif

Vous cherchez une activité amusante à faire entre amis? Venez passer au centre sportif et récréatif pour une soirée ados! Amenez vos amis et préparez-vous à jouer, et à passer une super soirée! Vendredi 23 octobre : Soirée meute et mystère, Vendredi 13 novembre : Soirée Taylor Swift

Journées pédagogiques

Centre sportif et récréatif

Vous cherchez quelque chose à faire pendant vos jours de congé scolaire? Venez faire un tour au Centre sportif et récréatif pour participer à des parties de hockey libre en journée, au patinage libre, à des parties de ringuette libre et bien plus encore!

Consultez notre site Web.

LIBRAIRIE BONDER BOOKSTORE

52 Westminster N.



CONTACTEZ-NOUS POUR TOUT
LIVRE EN ANGLAIS

CONTACT US FOR ANY ENGLISH
BOOK IN PRINT

514-484-7131
bonder@bonder.com
bonder.com

**TOP
BEAUTÉ**
STUDIO
ESTD. 2006

SERVICES DE COIFFURE
POUR HOMMES ET FEMMES
PÉDICURE, MANUCURE & ESTHÉTIQUE
HAIR SERVICES FOR MEN AND WOMEN
PEDICURE, MANICURE & ESTHETICS

BOOK NOW
(514) 484-0118
RÉSERVER
MAINTENANT

55 Westminster N., Montréal-Ouest
www.topbeaute.wordpress.com

Sports and recreation centre 484-6186

Oktoberfest

October 2, 7:30 pm
Sports and recreation centre

- \$20 residents / \$30 non-residents
- Snacks and beer available for purchase
- Fun challenges and games!

Spooktacular

Friday, October 30, 5 pm
Sports and recreation centre

Get ready for a Spooktacular family night! Come dressed in your favourite costume and enjoy an evening of candy, fun, a photo booth, live performers and Halloween activities for the whole family! Stick around for a special *Halloweentown* movie viewing at 6 pm in the multipurpose room. Bring the whole family and get ready for a night of spooky fun!

Free hotdogs; snacks for purchase

Halloween on Ice

October 31, 4-6 pm
Steve and Rob Michelin Rink

Kick off your Halloween celebrations with a spooky skate before heading out to trick-or-treat! Come dressed in your favourite costume and enjoy Halloween-themed music, family-friendly fun and a festive atmosphere on the ice.

AGELESS - Film

National Seniors Day,
Thursday, October 1, 3-5 pm
Town Hall, Music Room

The film *AGELESS* (40 min), followed by a discussion led by **Tracie Swim**. Refreshments, free, register on Amilia or by phone at 484-6186.

AGELESS was produced by the *Cummings Centre's Social Action* initiative, to inspire meaningful change.

Active Walking Group

Historic tour of Mount Royal Cemetery, Tuesday, October 6, 9:30 am-2 pm
Tour of the Saint Joseph's Oratory, Tuesday, November 3, 9:30 am-2 pm. Sign up on Amilia.

Gymnasium activities

Drop-in gym activities are ongoing at the sports and recreation centre! These sessions give residents flexible, casual opportunities to stay active and enjoy the gym space. Activities include pickleball, badminton, volleyball, basketball, baby gym and more.

Visit the Gymnasium portion of the Town website for the latest schedule. Sign up on Amilia or call the Sports and recreation centre.

Free skate

Lace up your skates and join us at the sports and recreation centre for free public skating! Residents of all ages are invited to enjoy the ice in a brand-new, state-of-the-art facility. No registration required! The Pro Shop will be open to rent skates and helmets or to sharpen your own skates!

- Saturday: 6-7:30 pm
- Sunday: 1:30-3 pm
- Monday, Wednesday, Friday: 10 am-noon
- Free figure skating on Monday and Wednesday: 1:30-3 pm

Red Cross Babysitting Course

Sunday, October 18, 9:30 am-5:30 pm
Ages: 11+

Learn the skills required to carry out babysitting duties. Cost: Residents: \$85, Non-Residents: \$95.

Red Cross, Stay Safe! Course

Sunday, October 25,
9:30 am-3:30 pm
Ages: 9-13 years

Real-world scenarios often call on children to respond to challenges. The Stay Safe! program teaches applicable and age-appropriate skills while increasing and reinforcing a youth's capacity to improve his or her own safety. Cost: Residents: \$80, Non-Residents: \$90

Parents' Night Off

5-9 pm, Sports and recreation centre
Ages: 4 to 10. Pizza, movie and fun!
Friday, October 16
Friday, November 20
Friday, December 18

Teen Night

Ages: 11-15

Looking for something fun to do with your friends? Come hang out at the Sports and recreation centre for a Teen Night! Bring your friends and get ready to play, compete, and have a great night!

Friday, October 23:
Murder Mystery Night
Friday, November 13:
Taylor Swift Night

PED days

Sports and recreation centre

Looking for something to do on a day off from school? Stop by the for daytime pick-up hockey, free skate, pick-up ringette and more!

Visit our website under the Steve and Rob Michelin Rink for the full schedule.



Avenue DENTAIRE

DRE DIANA HECKLER & DRE JANE LEE

63 Av. Westminster N. (514) 369-0255
Montréal-Ouest montrealwestdental@gmail.com
H4X 1Y8



Dr Michael J. Wexel
Chiropractor / Chiropraticien

Tel: 773-7246
Courrier / E-mail: drmjwexel@videotron.ca

18 Westminster N., Suite 110
Montréal-Ouest, QC H4X 1Y8





RE/MAX ACTION INC.

AGENCE IMMOBILIÈRE

*CENTRIS STATISTIQUE
FCIB, 2014 CUMULATIVE

Franchise indépendante et autonome de RE/MAX Québec Inc.

Marie-Antoinette Del Peschio

Courtier Immobilier | Real Estate Broker

C 514.894.9929
F 514.483.9929

1314 Av. Greene,
Westmount, QC H3Z 2B1
T (514) 933.6781

remax@tonidelpeschio.com
www.tonidelpeschio.com






COMING EVENTS / À VENIR

Please call the editor, Heather:
489-7022 or e-mail montrealwestinformer@gmail.com

Next deadline / Date limite: October 14 octobre

Sept

Fri 25 **Deadline for water meter readings**
Échéance pour la lecture des compteurs d'eau

Mon 28 **Council meeting.** In person and virtually. Town Hall. 8 pm.

Oct

Thurs 1 **Deadline to sign up to volunteer for Caring Neighbourhood Day.**
Call 484-6186.

Yarn on Thursday: Knit and Natter. Every Thursday. Drop-ins welcome. Public Library 4 pm.

Thu 1 **Ronald Pocket Forest. Microforêt Ronald.** Page 14.

Fri 2 **Ronald Pocket Forest. Microforêt Ronald.** Page 14.

Sat 3 **Rotary's Caribbean Night.** Page 9. Town Hall. 6:30 pm.

Sun 4 **World Communion Sunday.** MW United. 10 am.

Tue 6 **Active Walking Group.** Historic tour of Mount Royal Cemetery.
Sign up at Amelia. 9:30 am-2 pm.

Crafty Tuesdays. Every Tuesday in October.
Reserve at info@mwpl.ca. Public Library. 2 pm.

Wed 7 **Books & Bites Wednesdays.** Register at info@mwpl.ca.
Public Library. 2 pm.

Sun 11 **Thanksgiving Sunday.** MW United. 10 am.

Sun 18 **World Food Sunday Welcome Back Luncheon.** MW United. 10 am

Tue 20 **Scouts' Food Drive for Head and Hands.** Continues October 21,
22. Page 6.

Wed 21 **Books & Bites Wednesday: Tea and Books.**
Register at info@mwpl.ca. Public Library. 2 pm.

Thu 22 **Labyrinth Walk.** MW United. 7-9 pm.

Sat 24 **Horticultural Society. Leave Those Leaves Alone!** Page 3.
Town Hall. 10 am.

24 **Caring Neighbourhood Day / Journée de bon voisinage.**

Sun 25 **Clothing Swap.** Page 15. Town Hall 1-3:30 pm.

Mon 26 **Scouts/Héma Québec blood donor clinic.** Page 6.
St. Philips Church Hall. 1:30-7 pm.

Council meeting. In person and virtually. Town Hall. 8 pm.



Puffballs on parade!

These giant white puffballs were photographed on the front lawn of a house on Wolseley. The owner (a new resident) said the previous owners of the house noted that they are a yearly phenomenon!



Common blue butterfly (*Polyommatus icarus*) in the new bump out pollinator garden, Sherbrooke and Brock.

MISSING!

Issues of *The Informer* are needed to complete the bound copies for the library. If you have them, please call Heather at 489-7022: Volume 48, 2020, Numbers 4, 5, 6

Classifieds

SIMPLE REPAIRS: appliances, electrical, mechanical, plumbing. Do you need a repair too small for a professional? I enjoy fixing things and helping people, so I may be willing to come and see what I can do for free. No guarantee. Roy Hoffman, 133 Percival Ave. 894-6780 or roy133@gmail.com

SUPPORT ENDED FOR WINDOWS 10 IN OCTOBER. Upgrade to Windows 11, purchase a new or up-to-date used computer or convert your computer to Linux Lite 7. For 55+, a house call (after 3 pm) might be in order. Call Richard at 438-938-6240.

Annual Brock South block party. Good neighbours, good food and drink, a bouncy castle, cotton candy and great weather. Perfect day!



COUNCIL communiqué



MAYOR'S REPORT

WESTMINSTER AVENUE REVITALIZATION

We are taking the first steps to revitalize Westminster Avenue with an economic analysis in partnership with PME-MTL, an urban analysis and vision exercise with Rues principales, an urban design workshop with the University of Montreal, an art mural project with MU, and a review of programming activities. Councillor Tassé is also working to relaunch the merchants' association.

Scan the QR code to answer a survey to better understand residents' experience with Westminster Avenue.



STREET AND SIDEWALK REPAIRS COMPLETED

The Town will complete the major Courtney Drive project on schedule. This summer, it also repaired approximately ten sections of sidewalk, totaling nearly 350 metres, particularly in the north and south areas of the town. Good news: the CPKC signal workers' strike has ended, so work on Westminster Avenue, including the level crossing and the Ainslie intersection, can finally begin. The work is expected to take place from the end of September to the beginning of October. Meanwhile, the pedestrian crossings (Sherbrooke, Broughton, Ainslie and Avon) have all been repainted for the start of the school year.

SECURING THE WESTMINSTER AND AINSLIE INTERSECTION

After several months of discussions, questions at the agglomeration council, resolutions by the municipal councils of several cities, and media coverage, we welcomed Jim Beis, the elected official responsible for public safety for the City of Montreal, to discuss issues at the Ainslie/Westminster intersection, the upcoming work, and the need to reinstate a school crossing guard, at least temporarily. Following a meeting between the City of Montreal and the SPVM, it was decided to secure the intersection with a police officer or crossing guard. This presence will remain in effect until it is reassessed based on the progress of the work on Westminster Avenue. Thank you to everyone involved in this matter.

BIXI: A NEW SERVICE FOR THE COMMUNITY

It has been a few weeks since the first two BIXI stations went into service, and usage already confirms public interest. Implementation costs are comparable to those of other cities, yet we seized several concrete opportunities to lower the cost to the municipality.

The facts are clear:

- 1 The agreement with BIXI was unanimously approved by the Town Council;
- 2 Montreal West is the only town or city benefiting from the free loan of stations and bicycles for the first three years;
- 3 Thanks to the expertise and excellent work of Town staff, preparatory work cost significantly less than the amounts allocated in the three-year capital works program;
- 4 The Quebec government has just relaunched a program covering up to 50% of the costs for purchasing equipment and installing new BIXI stations, which could further reduce Montreal West's financial contribution.

If the results confirm the system's performance, we may decide to make it a permanent service after the 2028 season. This is neither a hasty commitment nor a blank check, but rather a reasonable investment that is carefully managed and subject to ongoing evaluation. BIXI meets local needs while connecting Montreal West to neighboring municipalities that have already chosen to permanently integrate this service into their mobility networks.

RETURN OF CANADA POST MAILBOXES

Since mid-August, the mailboxes located at the Westminster/Ainslie and Westminster/Nelson intersections are back in operation. I thank Councillor Small-Pennefather for her regular follow-ups with Canada Post.

PLANTING A MICROFOREST

In September, we will begin planting a microforest at the corner of Brock Avenue South and Ronald Drive. The project is led by UrbaNature and implemented using the planting method developed by Japanese botanist Akira Miyawaki. This technique promotes rapid growth, biological restora-



tion, and significant carbon sequestration. The benefits are numerous: increased biodiversity, ecological connectivity with the Saint-Jacques escarpment ecoterritory, the creation of a cooling island, and a green buffer in front of the highway. The project includes community involvement, educational activities, and a scientific research component. The result is intended to be beautiful and inviting, featuring native species and a good number of edible plants.

SUMMER ACTIVITIES IN THE PARKS

Several activities, concerts, and shows took place in our parks and sports facilities this summer. Among them was the Community Night at Hodgson Field. Many community organizations were present. The program included a musical performance by the Lachine Concert Band, an up-close look at Public Works vehicles, a BBQ, and, most notably, a fantastic circus show featuring Camion d'intervention artistique by Bazar Création. The corn roast and Camp Variety Show took place at Paula Cordeau Park, an opportunity to see the children's musical performances and to thank the counselors for their work all summer long. Not to be forgotten were Shakespeare-in-the-Park at Strathern Park and the return of the Montreal West Aquatic Club's swimming and diving competitions at the municipal pool. Thank you to all the employees for putting together this programming, to the volunteers, artists, and the hundreds of residents who participated and contribute to the unique community spirit of Montreal West.

UCI ROAD WORLD CHAMPIONSHIPS

The UCI Road World Championships in Montreal will take place from September 20 to 27. This major competition will be held on the streets of several sectors of Greater Montreal and will result in significant changes to traffic and parking. The courses vary each day depending on the events, which means that the road closure zones and times will differ from day to day. It is worth noting that major metropolitan, national, and international sporting events fall under the jurisdiction of the agglomeration, for which the Town of Montreal West provides financial support. This is the most important sporting event since the Olympic Games. You will find all the information about the event and the road closures on the website, Montreal 2026.

PRIORITIES OF THE ASSOCIATION OF SUBURBAN MUNICIPALITIES

On the eve of the provincial election campaign, the Association of Suburban Municipalities (ASM) deemed it appropriate to highlight the priorities of its 15 member cities. The seven identified priorities, shared with the political parties, are:

1. Accelerate Adaptation to Climate Change and Strengthen Community Resilience
2. Modernizing Municipal Funding and Reducing Bureaucracy
3. Improving Metropolitan Mobility and Transportation Infrastructure
4. Supporting Infrastructure Essential to Residential Growth

5. Strengthening Public Safety and Municipal Autonomy
6. Developing and Revitalizing Local Commercial Hubs and Downtown Areas

For the ASM, the investments of the next government must benefit the entire metropolitan region, particularly in the areas of mobility, infrastructure, climate, and economic development. The member cities of the ASM represent 250,000 citizens and are calling for a partnership based on trust, predictable funding, flexible programs, and respect for municipal autonomy.

THE UNION OF QUEBEC MUNICIPALITIES' (UMQ) ELECTORAL PRIORITIES

The UMQ has identified six electoral priorities:

1. Municipal Infrastructure
2. Housing and Homelessness
3. Mobility
4. Environment and Climate Change
5. Economic Development
6. Accountability and Governance

The UMQ calls on all political parties to make infrastructure management a priority. The report on municipal taxation and finances, prepared by former finance ministers Monique Jérôme-Forget and Nicolas Marceau, was presented this spring at the UMQ's annual general meeting. The main actions proposed to address the urgent need for infrastructure are:

- Create a fund, financed by the Quebec government, dedicated to the upkeep and maintenance of municipal infrastructure.
- Consolidate all financial assistance programs for infrastructure into a single, stable, and predictable transfer, while maintaining existing funding levels.
- Simplify the regulatory standards and requirements imposed on municipalities regarding infrastructure.

Happy autumn, everyone!

Jonathan Cha, Mayor
Town of Montreal West
jcha@montreal-west.ca





MAINTAINING TODAY, PLANNING TOMORROW

As summer winds down, our Public Works Department continues to advance several important projects across town.

As I write this article, the Courtney Drive infrastructure project is nearing completion. This has been a significant undertaking, and I want to thank residents, particularly those directly affected by the construction, for their patience throughout the project.

The reconstruction of Ainslie Road is the next important project and is currently out for tender. Bids will be reviewed shortly, and we are hopeful construction can be completed this fall.

Throughout the summer, Public Works crews addressed a significant number of sinkholes throughout town, while work on catch basins and plumbing connections continues. These may not always be the most noticeable projects, but they are an

important part of maintaining the infrastructure we rely on every day.

We are pleased to welcome a new Public Works Foreman, Carl Couture, who joined the team on August 31. After operating short-handed for some time, this addition will help ease the workload and allow the department to be more flexible. And although none of us want to think about winter just yet, preparations for the upcoming season are already getting underway.

Our new Asset Manager, Eduardo Salas, has been focused on acquiring two much-needed heavy-duty vehicles as well as advancing feasibility studies for future infrastructure projects, helping us better plan for the

Town's needs in the years ahead.

Finally, the Westminster Revitalization Committee has now met three times. Our discussions have generated several promising ideas for future projects. While there is still work ahead, I am encouraged by the momentum we are building and look forward to sharing more with residents and our business community in the months ahead.

Nicholas Tassé, Councillor

*Asset management and
economic development
ntasse@montreal-west.ca*



A NEW BY-LAW FOR CLEANER AIR

A new Town by-law came into effect on September 1 that regulates the use of wood-burning fireplaces and other solid-fuel appliances.

Under By-law 2025-002, existing solid-fuel appliances may only be used if they meet the required emissions standard of 2.5 grams or less of fine particulate matter per hour and comply with applicable EPA or POLY-TESTS standards. The by-law also prohibits the use of solid-fuel appliances during an Environment Canada smog warning affecting Montreal West, regardless of whether the appliance is compliant. There is an exception for power outages lasting more than three hours.

This is not an outright ban on wood-burning fireplaces. Existing appliances that meet the requirements can continue to be used. If an existing appliance does not meet the require-

ments, it cannot be used, but homeowners can replace it with a compliant appliance if they wish to continue using it.

Why do these changes matter? Wood smoke contains fine particulate matter and other pollutants that can affect air quality and human health. These particles can penetrate deep into the lungs and aggravate respiratory conditions such as asthma. Children, older adults and people with heart or lung conditions are particularly affected.

Ultimately, we all share the same air, and this change could make it cleaner. When we reduce unnecessary sources of fine particulate pollution,

we can help make our neighbourhood healthier for everyone, particularly those who are most vulnerable.

If you have a wood-burning fireplace or other solid-fuel appliance, I encourage you to consult the Town's website for the full by-law, the requirements that apply to your appliance and the declaration form. The by-law will be enforced by the Town, and fines may apply where its requirements are not respected.

Martha Slocombe, Councillor

*Ecological transition, urban planning
and citizen participation
mslocombe@montreal-west.ca*





Dear residents of Montreal West,

SUSTAINABLE MOBILITY + SAFETY

The CPKC strike is over, and the Town is contacting the contractors to move as quickly as possible with the level crossing pilot project. In addition, the Town is extending the work further to

secure the Ainslie and Westminster intersection. The Town hired traffic engineers to come up with multiple solutions for this intersection. The Sustainable Mobility Committee (SMC) was presented with the results, and a solution was recommended and approved by Council. Thank you for your continuing patience.

SPORTS

Summer is over (Boooo!). The pool has closed, and with it, everyone's tan lines. All good things must come to an end, but the fall program registration has been underway since August 24, and classes started September 14. There are almost 20 activities for residents (children and adults) to choose from. You can drop in for one class or register for

the entire session. Why not dabble in one of the many fitness programs or expand your cultural and artistic side with a leisure class? There is something for everyone. Visit the Town's website and Amilia to discover all the activities on offer. In addition, the sports and recreation centre has its regular gym and rink drop-in activities, including a feature worth highlighting: dedicated gym time for teens.

Lastly, dust off your lederhosen and dirndls as the Recreation department will be hosting Oktoberfest, Friday, October 2. It's exactly as it sounds; German food, drinks, music and games. This is a community event to enjoy between friends and neighbours.

O'zapft is!

Here to serve,

Philippe Bergeron, Councillor

Sustainable mobility and sports

pbergeron@montreal-west.ca



BREAKING DOWN THE BIXI NUMBERS

As of August, you may have seen two new BIXI stations in the Town of Montreal West as part of a three-year pilot project. After 2028, the Town will need to make an informed decision about making BIXI a permanent fixture.

Many factors will need to be evaluated including resident usage and the availability of subsidies and grants to offset the costs of BIXI. To note, Consumer Price Index (CPI) is calculated at 3% per year. The two current stations are located in the south and centre of town, with a third station in the north to be installed before the end of the season. The BIXI season runs from April 1-November 30.

The following is the current one-time cost breakdown of the stations:

PAULA CORDEAU PARK

Installation: \$5105.52 + tax

Electrical: \$2550.00 + tax

\$7,655.52+tax

SPORTS AND RECREATION CENTRE

Installation: \$8035 + tax

Electrical: \$9779.00 + tax

\$17,814+tax

In 2029, the costs to purchase the three BIXI stations without grants or subsidies will be significant. The current Agreement with BIXI Montreal, does not oblige the Town to purchase the BIXI stations following the three-year pilot project.

*amounts are not exact, these are estimated operational costs

TOTAL to date for the two stations is: \$25,469.52

An estimate for Rugby Park currently under analysis, is 20K including installation and electrical.

In addition, estimated operational costs for the stations over three years is:

2026: (August -November) \$28,000

2027: (April-November) \$29,000

2028: (April-November) \$30,000

TOTAL Operational Costs for 2026-2028 \$87,000 before tax

Lauren Small-Pennefather,

Councillor

Finance and Bilingual status

lsmall-pennefather@montreal-west.ca



communiqué du CONSEIL



RAPPORT DU MAIRE

REVITALISATION DE L'AVENUE WESTMINSTER

Nous amorçons actuellement les premières étapes de la revitalisation de l'avenue Westminster avec une analyse économique en partenariat avec PME-MTL, une analyse urbaine et un exercice de vision avec l'organisme Rues principales, un atelier de design urbain avec l'Université de Montréal, un projet de murale artistique avec l'organisme MU et une révision des activités de programmation. Le conseiller Tassé travaille également à relancer l'association des marchands.

Balayer le code QR pour compléter un sondage nous permettant de mieux comprendre votre expérience avec l'avenue Westminster.



TRAVAUX DE RÉPARATION DES RUES ET TROTTOIRS

La Ville complètera le chantier d'envergure de la promenade Courtney selon l'échéancier prévu et a procédé cet été à la réparation d'une dizaine de sections de trottoirs pour une longueur totalisant près de 350 mètres, particulièrement dans les secteurs nord et sud de la Ville. Une bonne nouvelle, la grève des signaleurs est maintenant terminée au CPKC, les travaux sur l'avenue Westminster, concernant le passage à niveau et l'intersection Ainslie, pourront enfin s'amorcer. Les travaux devraient se dérouler de la fin septembre au début octobre. Entretiens, les traverses piétonnes (Sherbrooke, Broughton, Ainslie et Avon) ont toutes été repeintes pour la rentrée scolaire.

SÉCURISATION DE L'INTERSECTION WESTMINSTER ET AINSLIE

Après plusieurs mois de discussions, de questions au conseil d'agglomération, de résolutions aux conseils municipaux de plusieurs villes et de couverture médiatique, nous avons accueilli Jim Beis, l'élus responsable de la sécurité publique à la Ville de Montréal pour discuter des enjeux de l'intersection Ainslie/Westminster, des travaux à venir et des besoins de reconduire, au moins temporairement, la présence d'un brigadier scolaire. Suivant une réunion

entre la Ville de Montréal et le SPVM, il a été décidé de sécuriser l'intersection par un policier ou un brigadier. Cette présence sera valide jusqu'à une réévaluation en fonction de l'évolution des travaux sur l'avenue Westminster. Merci à tous les intervenants dans ce dossier.

BIXI, UN NOUVEAU SERVICE OFFERT À LA POPULATION

Voilà quelques semaines que les deux premières stations BIXI ont été mises en service et leur utilisation confirme déjà l'intérêt de la population. Les coûts d'implantation sont comparables à ceux assumés par les autres villes, mais nous avons saisi plusieurs occasions concrètes pour réduire la facture municipale.

Les faits sont clairs :

L'entente de gestion avec BIXI a été adoptée à l'unanimité par le conseil municipal;

Montréal-Ouest est la seule ville à bénéficier gratuitement du prêt des stations et des vélos pendant les trois premières années;

Grâce à l'expertise et à l'excellent travail des employés de la Ville, les travaux préparatoires ont coûté nettement moins que les sommes prévues au programme triennal d'immobilisations;

Le gouvernement du Québec vient de relancer un programme couvrant jusqu'à 50 % des coûts d'achat d'équipements et d'implantation de nouvelles stations BIXI, ce qui pourra réduire davantage la contribution de Montréal-Ouest.

Si les résultats confirment la performance du système, nous pourrions décider de le pérenniser après la saison 2028. Il ne s'agit donc ni d'un engagement précipité ni d'un chèque en blanc, mais d'un investissement raisonnable, encadré et évalué dans le temps. BIXI répond à des besoins locaux tout en reliant Montréal-Ouest aux municipalités voisines, qui ont déjà choisi d'intégrer durablement ce service à leur réseau de mobilité.

RETOUR DES BOÎTES POSTALES DE POSTES CANADA

Depuis la mi-août, les boîtes postales situées aux intersections Westminster/Ainslie et Westminster/Nelson sont de retour et fonctionnelles. Je remercie la conseillère Small-Pennefather pour ses suivis réguliers auprès de Postes Canada.

IMPLANTATION D'UNE MICROFORÊT

Nous amorçons en septembre l'implantation d'une microforêt à l'angle de l'avenue Brock Sud et la Promenade Ronald. Le projet est piloté par UrbaNature et réalisée selon la méthode de plantation du botaniste japonais Akira Miyawaki. Cette technique favorise une croissance rapide, la restauration biologique et une forte séquestration du carbone. Les bénéfices sont multiples : augmentation de la biodiversité, connectivité écologique avec l'écoterritoire de la falaise Saint-Jacques, création d'un îlot



de fraîcheur, écran végétal devant l'autoroute. Le projet comprend une implication communautaire, des activités éducatives et un volet de recherche scientifique. Le résultat se veut esthétique et accueillant, mettra en valeur des plantes indigènes et un bon nombre d'espèces fruitières et comestibles.

ACTIVITÉS ESTIVALES DANS LES PARCS

Plusieurs activités, concerts et spectacles ont eu lieu dans nos parcs et installations sportives cet été. Parmi elles notons, la soirée communautaire au terrain Hodgson. De nombreuses organisations communautaires étaient présentes. Au menu, prestation musicale de l'Harmonie de Lachine, visite des véhicules des Travaux publics, BBQ et un superbe spectacle de cirque, camion d'intervention artistique de Bazar Création. L'épluchette de blé d'inde et le spectacle de variétés du camp jour a eu lieu au parc Paula Cordeau, une occasion de voir les prestations musicales des enfants et de remercier les moniteurs pour leur travail tout l'été. Sans oublier Shakespeare-in-the-Park au parc Strathern et le retour des compétitions de natation et de plongeon du club aquatique de Montréal-Ouest à la piscine municipale. Merci à tous les employés pour la mise en place de cette programmation, aux bénévoles, artistes et aux centaines de résidents qui ont participé à celles-ci et qui contribuent à l'esprit communautaire si unique de Montréal-Ouest.

CHAMPIONNAT DU MONDE UCI

La tenue des Championnats du Monde Route UCI Montréal a lieu du 20 au 27 septembre. Cette compétition majeure se déroulera dans les rues de plusieurs secteurs du grand Montréal et entraînera d'importantes modifications à la circulation et au stationnement. Les parcours varient chaque journée en fonction des épreuves, ce qui signifie que les zones d'entraves et les heures de fermeture des rues seront différentes d'un jour à l'autre. Rappelons que les événements sportifs d'envergure métropolitaine, nationale et internationale font partie des champs de compétence de l'agglomération pour lesquels la Ville de Montréal-Ouest contribue financièrement. Il s'agit de l'événement sportif le plus important depuis les Jeux olympiques. Vous trouverez toutes les informations sur l'événement et les entraves sur le site web Montréal 2026.

LES PRIORITÉS ÉLECTORALES DE L'ASSOCIATION DES MUNICIPALITÉS DE BANLIEUE

À la veille du déclenchement de la campagne électorale provinciale, l'Association des municipalités de banlieue (AMB) a jugé opportun de mettre de l'avant les priorités des 15 villes liées à Montréal qui composent l'association. Les sept priorités identifiées et partagées aux partis politiques sont :

1. Accélérer l'adaptation aux changements climatiques et renforcer la résilience des collectivités
2. Moderniser le financement municipal et réduire la bureaucratie

3. Améliorer la mobilité métropolitaine et les infrastructures de transport
4. Soutenir les infrastructures essentielles à la croissance résidentielle
5. Renforcer la sécurité publique et l'autonomie municipale
6. Développer et revitaliser les pôles commerciaux et les centres-villes locaux

Pour l'AMB, les investissements du prochain gouvernement devront profiter à l'ensemble de la région métropolitaine, notamment en matière de mobilité, d'infrastructures, de climat et de développement économique. Les villes membres de l'AMB représentent 250 000 citoyens et réclament un partenariat fondé sur la confiance, la prévisibilité financière et le respect de l'autonomie municipale.

LES PRIORITÉS ÉLECTORALES DE L'UNION DES MUNICIPALITÉS DU QUÉBEC

L'UMQ a identifié six priorités électorales :

1. Infrastructures municipales
2. Habitation et itinérance
3. Mobilité
4. Environnement et changements climatiques
5. Développement économique
6. Responsabilité et gouvernance

L'UMQ invite tous les partis politiques à faire de la gestion des infrastructures une priorité. Le rapport sur la fiscalité et les finances municipales rédigé par les anciens ministres des finances Monique Jérôme-Forget et Nicolas Marceau a été présenté ce printemps lors des assises de l'UMQ. Les principales actions proposées pour répondre à l'urgence d'agir en matière d'infrastructures sont :

Créer un fonds, financé par le gouvernement du Québec, dédié à l'entretien et au maintien des infrastructures municipales

- Regrouper l'ensemble des programmes d'aide financière pour les infrastructures en un transfert général stable et prévisible à travers le temps, tout en maintenant les sommes existantes
- Simplifier les normes et exigences réglementaires imposées aux municipalités en matière d'infrastructures

Bon automne à tous.

Jonathan Cha, *maire*
Ville de Montréal-Ouest
jcha@montreal-ouest.ca





ENTREtenir AUJOURD'HUI, PLANIFIER DEMAIN

Alors que l'été tire à sa fin, notre Service des travaux publics continue de faire avancer plusieurs projets importants sur l'ensemble du territoire.

Au moment où j'écris cet article, le projet d'infrastructure de la promenade Courtney tire à sa fin. Il s'agit d'un chantier d'envergure, et je tiens à remercier les résidents, en particulier ceux qui ont été directement touchés par les travaux, de leur patience tout au long du projet.

La réfection du chemin Ainslie est le prochain projet important; il fait actuellement l'objet d'un appel d'offres. Les soumissions seront examinées sous peu, et nous espérons que les travaux pourront être terminés cet automne.

Tout au long de l'été, les équipes des travaux publics ont réparé un nombre important d'affaissements de chaussée partout dans la ville, tandis que les travaux sur les puisards et les raccordements de plomberie se poursuivent. Il ne s'agit pas toujours

des projets les plus visibles, mais ils représentent une part essentielle de l'entretien des infrastructures sur lesquelles nous comptons au quotidien.

Nous sommes heureux d'accueillir un nouveau contremaître des travaux publics, Carl Couture, qui s'est joint à l'équipe le 31 août. Après avoir fonctionné avec un effectif réduit pendant un certain temps, cette nouvelle ressource contribuera à alléger la charge de travail et à accroître la flexibilité du Service. Même si personne ne souhaite penser à l'hiver pour l'instant, les préparatifs en vue de la prochaine saison sont déjà bien amorcés.

Notre nouveau gestionnaire des actifs, Eduardo Salas, s'est concentré sur l'acquisition de deux véhicules lourds indispensables, ainsi que sur

l'avancement d'études de faisabilité pour de futurs projets d'infrastructure, afin de nous aider à mieux planifier les besoins de la ville pour les années à venir.

Enfin, le Comité de revitalisation de Westminster s'est maintenant réuni à trois reprises. Nos discussions ont fait émerger plusieurs idées prometteuses pour de futurs projets. Bien qu'il reste encore du travail à accomplir, je suis encouragé par l'élan que nous prenons et j'ai hâte d'en dire davantage aux résidents et à notre communauté d'affaires dans les mois à venir.

Nicholas Tassé, conseiller
Gestion des actifs et
développement économique
ntasse@montreal-ouest.ca



UN NOUVEAU RÈGLEMENT POUR UN AIR PLUS PUR

Un nouveau règlement municipal est entré en vigueur le 1er septembre afin d'encadrer l'utilisation des foyers au bois et des autres appareils à combustible solide. En vertu du règlement 2025-002, les appareils à combustible solide existants ne peuvent être utilisés que s'ils respectent la norme d'émission prescrite de 2,5 grammes ou moins de particules fines à l'heure et sont conformes aux normes applicables de l'EPA ou de POLYTESTS.

Le règlement interdit également l'utilisation de ces appareils lorsqu'un avertissement de smog émis par Environnement Canada est en vigueur pour Montréal-Ouest, même si l'appareil est conforme. Une exception s'applique toutefois en cas de panne de courant de plus de trois heures.

Il ne s'agit pas d'une interdiction complète des foyers au bois. Les appareils existants qui respectent les exigences peuvent continuer d'être utilisés. En revanche, tout appareil qui ne satisfait pas aux exigences ne peut plus être utilisé. Les propriétaires qui souhaitent continuer à utiliser un appareil à combustible solide peuvent toutefois le remplacer par un modèle conforme.

Pourquoi ces changements sont-ils importants? La fumée de bois contient des particules fines et d'autres polluants qui peuvent nuire à la qualité de l'air et à la santé. Ces particules peuvent pénétrer profondément dans les poumons et aggraver des problèmes respiratoires, comme l'asthme. Les enfants, les personnes âgées ainsi que les personnes atteintes de maladies cardiaques ou pulmonaires y sont particulièrement vulnérables.

En fin de compte, nous respirons tous le même air, et cette mesure contribuera à le rendre plus propre. En réduisant les sources inutiles de pollution par les particules fines, nous pouvons contribuer à rendre

nos quartiers plus sains pour tous, particulièrement pour les personnes les plus vulnérables.

Si vous possédez un foyer au bois ou un autre appareil à combustible solide, je vous invite à consulter le site web de la Ville pour prendre connaissance du règlement complet, des exigences applicables à votre appareil et du formulaire de déclaration. Le règlement sera appliqué par la Ville, et des amendes pourraient être imposées en cas de non-respect de ses dispositions.

Martha Slocombe, conseillère
Transition écologique, urbanisme et
participation citoyenne
mslocombe@montreal-ouest.ca





Chers voisins et résidents de
Montréal-Ouest,

MOBILITÉ DURABLE ET SÉCURITÉ

La grève chez CPKC est terminée, et la Ville communique avec les entrepreneurs afin de faire avancer le projet pilote de passage à niveau le plus rapidement possible. De plus, la Ville

étend les travaux afin de sécuriser l'intersection Ainslie et Westminster. La Ville a engagé des ingénieurs en circulation pour proposer plusieurs solutions pour cette intersection. Le Comité de mobilité durable (CMD) s'est vu présenter les résultats, et une solution a été recommandée et approuvée par le conseil. Merci de votre patience continue.

SPORTS

L'été est terminé (Booouh!). La piscine est maintenant fermée, et avec elle, les traces de bronzage de tout le monde. Toutes les bonnes choses ont une fin, mais les inscriptions à la programmation d'automne sont en cours depuis le 24 août, et les cours débutent le 14 septembre. Près de 20 ac-

tivités sont offertes aux résidents (enfants et adultes). Vous pouvez vous inscrire à des cours à la carte ou pour la session complète. Pourquoi ne pas essayer l'un des nombreux programmes de conditionnement physique ou explorer votre côté culturel et artistique avec un cours de loisir? Il y en a pour tous les goûts. Visitez le site Web de la Ville et Amilia pour découvrir toutes les activités offertes. De plus, le centre sportif et récréatif offre des activités libres au gymnase et à la patinoire, ainsi qu'une plage horaire réservée aux ados au gym.

Enfin, sortez vos lederhosen et vos dirndls, car le Service des loisirs organisera l'Oktoberfest le vendredi 2 octobre. C'est exactement ce à quoi ça ressemble : de la nourriture, des boissons, de la musique et des jeux allemands. Une belle occasion de se rassembler et de passer un bon moment entre amis et voisins.

O'zapft is!

Ici pour vous servir,

Philippe Bergeron, conseiller

Mobilité durable et sports

pbergeron@montreal-ouest.ca



COMPRENDRE LES COÛTS DE BIXI

Depuis le mois d'août, vous avez peut-être remarqué deux nouvelles stations BIXI dans la ville de Montréal-Ouest, dans le cadre d'un projet pilote de trois ans. Après 2028, la Ville devra prendre une décision éclairée quant à l'intégration définitive de BIXI sur son territoire.

De nombreux facteurs devront être évalués, notamment l'utilisation de BIXI par les résidents et la disponibilité de subventions et d'aides financières permettant d'en réduire les coûts. À noter que l'indice des prix à la consommation (IPC) est calculé à 3 % par an. Les deux stations actuelles sont situées au sud et au centre de la ville, et une troisième station sera installée au nord avant la fin de la saison. La saison BIXI s'étend du 1^{er} avril au 30 novembre.

Voici la ventilation actuelle des coûts ponctuels liés aux stations :

PARC PAULA CORDEAU

installation: 5 105,52 \$ + taxes

électrique: 2 550,00 \$ + taxes

7 655,52 \$ + taxes

CENTRE SPORTIF ET RÉCRÉATIF

installation: 8 035 \$ + taxes

électrique: 9 779,00 \$ + taxes

17 814 \$ + taxes

Le TOTAL cumulé à ce jour pour les deux stations s'élève à : 25 469,52 \$

Une estimation pour Parc Rugby, actuellement à l'étude, s'élève à 20 000 \$, installation et travaux électriques compris.

Par ailleurs, les coûts d'exploitation estimés pour les stations sur une période de trois ans s'élèvent à :

2026: (août -novembre) 28 000 \$

2027: (avril-novembre) 29 000 \$

2028: (avril-novembre) 30 000 \$

Coûts d'exploitation TOTAL pour la période 2026-2028 : 87 000 \$ avant taxes

En 2029, le coût d'acquisition des trois stations BIXI, hors subventions ou aides financières, sera considérable. L'accord actuel conclu avec BIXI Montréal n'oblige pas la ville à racheter les stations BIXI à l'issue du projet pilote de trois ans.

* les montants ci-dessus sont des estimations et ne sont pas exacts

Lauren Small-Pennefather,

conseillère

Finances et bilinguisme

lsmall-pennefather@montreal-ouest.ca

