

GENERAL POOL RULES

1. Children under 8 must be supervised
2. No running
3. It is prohibited to urinate, spit or blow your nose in pool water.
4. Be respectful and cooperative towards staff
5. Do not sit under lifeguard tent or picnic table
6. Eating/drinking restricted to grassy area
7. No animals on deck
8. Do not sit on the white strip near the stairs
9. No hanging on to the railings
10. Children in diapers must be in swim diapers
11. No changing on pool deck
12. No diaper changing in wading pool, pool deck or grassy area permitted
13. Shoulder-length hair must be tied up
14. No pushing/violence
15. No profanity
16. No smoking/vaping
17. It is prohibited to pretend to be in distress or to shout for help unnecessarily.

WADING POOL RULES

1. Reserved for children under 6 years old
2. All children must be accompanied by an adult
3. It is prohibited to urinate, spit or blow your nose in pool water.
4. Children in diapers must be in swim diapers
5. No changing on pool deck
6. No diaper changing in wading pool, pool deck or grassy area permitted
7. No running
8. Maximum of 40 in Wading Pool

DIVING & DEEP END RULES

1. No backflips, back dives, or 360s
2. No hanging off the diving boards
3. Divers/jumpers must swim immediately to the side of the pool closest to them
4. One bounce on the diving boards
5. Maximum of one person at a time on the diving boards
6. No running on the diving boards
7. Maximum of 25 in Deep End free swimming

LAP & FREE SWIM RULES

1. No flutter boards during free swim
2. No outside swim aids or flotation devices
3. No hanging on the lane ropes
4. No lifejackets during lap swim
5. No diving boards during lap swim
6. No getting on others' shoulders
7. No flips or spins off the edge of the pool
8. Jump forward only on edge of pool
9. No diving in main pool
10. Diving blocks are only used during swim team practice and meets